

District 23

NEWS FLASH!

Volume 11, Issue 4

February 2009

Editor: Carole Theobald



www.zontadistrict23.org.au

From the District Governor.....



Alison Martin, D23 Governor, enjoying the Perth Northern Suburbs Christmas party!

Peninsula and Frankston on Sunday 18 January. Heidi Lange, a young Melbourne on Yarra member was an inspiring speaker, talking of her life as an aerospace design engineer. Later buses drove us to fantastic antique shops in Tyabb and on to a sumptuous spread under the shade of huge trees at Dame Elisabeth Murdoch's beautiful property, Cruden Farm.

Events like this raise funds for our Amelia Earhart Fellowships which assist the awardees in defraying the cost of an expensive graduate level degree in aerospace engineering or aeronautics.

Report to ZI Board & Club Reports

ZI President Beryl Sten has now provided DGs with a preliminary Governor's Report form which is quite comprehensive and it is assumed that the DGs have all the information more or less at their fingertips! Clubs have sent their December 6-monthly report to their Area Director with copy to me. I sincerely thank you for this; it has certainly helped me to complete my report.

I would also like to especially thank the D23 Chairmen who have been

proactive in disseminating and collecting information from Clubs—this certainly helps to ensure our "StarZ" status for reports.

Parliamentarian Change

Alison Russell, District 23's Parliamentarian, has advised she is no longer able to fulfil this role as she has a new demanding job as Director of Adelaide South Institute of TAFE and has moved to the seaside town of Goolwa, SA. We wish her well and thank her for the years of service to her Club and the District.

Ellen Cox of the Zonta Club of Bunbury has agreed to fulfil this role for the remainder of the 08-10 biennium and you will be able to meet her again at the Ballarat Conference.

ZI News Headquarters

As previously announced, the ZI Headquarters staff moved into new offices on 5 February 2009 at 1211 West 22nd Street, Suite 900, Oak Brook, Illinois 60523, USA. The telephone and fax numbers will be posted on the ZI website as soon as they are available.

The Zonta International Board is to be congratulated for its efforts to achieve a reduction in interest payments set when the Zonta International Foundation purchased the new building. This initiative will reduce the amount of

**District Governor
Alison Martin**
ZC of Perth Northern
Suburbs, WA

Change of details:

- **Melbourne on Yarra Secretary** Jennifer Garrison has changed her email address to jenniferbg@optusnet.com.au

Dear Alison,

I do hope that everything is well with you and our Zontians with families in D23.

The heat you are suffering, the fires and the subsequent death of people, homes that are burnt down - all make me very sad to hear about.

The entire Zonta International Board joins me in thinking of all our dear Zontians in D23.

With warm regards
Beryl Sten
ZI President

The District 23 Board wishes every member a very Happy New Year, albeit now February!

May all our dreams for *Health & Happiness Serenity & Success Productivity & Peace Love & Friendship* come true!

Amelia Earhart celebrations

I hope your Club had an exciting fund-raising event to recognise and celebrate the achievements of our Zontian, Amelia Earhart. I was able to join over 90 members and guests at a breakfast organised by the Zonta Clubs of Mornington

interest payable and means payments to our service projects, scholarship and fellowship recipients will not be at risk. Further information from ZI President Beryl Sten is posted on the ZI website under Member Resources.

New District Brochure!

District Board members have put in many hours work with PR Chairman Melinda Young and we think you will be excited with the new membership brochure. These will be distributed as soon as printed and available from your Area Director and at Area Workshops.

Why are we members of Zonta?

Members of Zonta have different opinions, perspectives and experiences, but we all have a common goalto work for the advancement of the status of women worldwide. I was reminded of this belief in a newsletter from an 08-10 DG who wrote "*Whether we like our Club President, our Area Director or International President, we all come together to do the work of Zonta, to help improve the lives of women.*" The bonus of membership is that we meet inspiring women and can make wonderful friends!

International Women's Day & Zonta Rose Day – 8th March 2009

Your Club is no doubt planning for this day of celebration or attending various events in your Area which is also an opportunity for raising the profile of Zonta and increasing membership.

Breakfast Club possibility

As Area 1 members are aware, Melbourne CBD has decided to disband and members transfer to other clubs around Melbourne. Lt. Gov. Jane Smith would love to hear if there is a possibility of starting a Breakfast Club in your area or town. The morning meeting format could suit younger women who are trying to juggle family and work commitments, and who believe in our mission.

90th Birthday of Zonta International – 8th November 2009

Ninety years of service, what a great opportunity for clubs and District 23 to publicly celebrate the founding of Zonta International and gain publicity for our excellent projects and awards for women and girls. Some clubs/ areas celebrate with a Founders' Day dinner and Women of Achievement award.

2009 Area Meetings

I'm looking forward to meeting as many members as possible at Area meetings in the first half of this year. Your Area Director has finalised the date, now we need YOU to make the commitment to attend. Please write the date into your diary, insert in your Club Minutes, Newsletters etc.

Areas 1 & 4: Saturday 2nd May at Melbourne Girls Grammar College, South Yarra entitled "*Learn to lead with interaction*"

Area 2: Saturday 4th April at Victor Harbor Civic Centre, Encounter Bay hosted by Fleurieu Peninsula entitled "*An Encounter with Zonta*"

Area 3: Saturday 23rd May at Mandurah, hosted by Bunbury Club

Area 5: Area 5 Director will finalise after discussions with clubs.

A thought for Marta

Our Zontian Marta Sandberg of the Bunbury Club lost her home and plantation trees in the Bridgetown fire a few weeks ago and the Bunbury Club is investigating if they can assist Marta in any way.

A thought: Even though perfection is impossible to reach, we can still strive for excellence!

Best wishes for a wonderful year of service and friendship.

D23 Yahoo Address

Are you sending copies of minutes, newsletters etc to your Area Director or the District Governor?

If so, please also send them to the Zonta District 23 Yahoo address at:

zontadistrict23@yahoo.com.au

Forward articles for the next edition of Newsflash to

carole.theobald@cormorant.com.au

before 23 April 2009

From D23 Secretary Jo Wittorff:

Please note that minutes, newsletters etc should not be emailed to the District Secretary and the District Yahoo email site.

Email to the D23 Yahoo email address only please.

New District Projects 2010-12

Clubs intending to propose a new District project for the next biennium at the Ballarat Conference are advised that submissions are due to the District Governor on **the 30th June 2009.**

Stop Press – Birthing Kit logo approval from ZI

It's official, Districts 22, 23 & 24 can be printed on the face of the Birthing Kit bags.

Julie Monis-Ivett has received the following message from ZI President-Elect Dianne Curtis:

I am pleased to inform you that the International Board approved the D22, D23 & D24 Birthing Kit project combined logo. The Board wishes you great success!

I am proud of all you have accomplished in a short period of time. Please congratulate all the dedicated Zontians in D22, D23 and D24 for the work they are doing to help women of the world.



You may think “what has this article to do with Zonta?”

I would like to share my journey over the past two months.

Two weeks ago I was told those three little words – “You have Cancer” (the Big “C”). I had my regular bi-annual mammogram in November and was recalled to Breastscreen for further examination in late November.

We are 650km from Adelaide so this was not just a day trip. After a cone biopsy (and a bruised ‘boob’) my GP recommended I see a surgeon for removal of some calcification. Another trip to Adelaide with the expectation of surgery at the same time. Due to the bruising from the biopsy the surgery was postponed until January which meant another trip to Adelaide for day surgery two weeks ago.

Not liking to waste time we arranged this trip to coincide with the one day cricket match at the Adelaide Oval. By the time you read this I will have had more surgery. Luckily my cancer is very small and very low grade. I am more concerned that the 5-6 weeks of radio-therapy that I have to have in Adelaide will take me away from home.

I love being a Zontian because the support that I have received from my many friends in Zonta has been overwhelming. David and I have been staying with my very close friend and Zontian who has told me she expects me to stay with her whilst I am undergoing radio-therapy.

My radiotherapist is a Zontian. My surgeon knows the lady from Sydney who did the research for the first breast cushions. **And** I have a beautiful blue breast cushion made by members of the Fleurieu Club.

I now have first hand experience of what a wonderful asset these are to

those who have had breast surgery – it is already packed to take to hospital today.

I have just attended the D23 Board meeting in Melbourne and left knowing I have the love and support of each Board member and a beautiful card, that is also in my bag.

I am not looking forward to being away from home for the radio-therapy BUT I will have the opportunity to attend some club meetings and functions in Adelaide and have some “girl time” with my many special Zonta friends.

My message to you all – have your regular mammograms. My Cancer has been picked up so early that I know, with the support of my family and friends, I will have many more years of Zonta fun and friendship ahead of me.

Zonta Bylaws and Resolutions

Ronda Walker, Chairman
D23 Bylaws and Resolutions Committee

Have you got a copy of the ZI Bylaws?

The Bylaws of Zonta International provide a process for amendment to Zonta International Bylaws and Rules of Procedure and for amendment to District 23 Rules of Procedure. A member of a Zonta Club may recommend proposed changes to the club for approval, and after Club approval the proposal may be submitted to the District Board for consideration.

Article XIX, Section 2 specifies that “If the district board determines that the proposal does not require further study, it shall publish the proposal to all other clubs in that district at least sixty (60) days before district conference and shall submit the proposal to delegates at the conference.”

If clubs or individual members are considering putting any such

proposals to District Conference, I urge you to consult the relevant sections of the Zonta International Bylaws and to begin this process as soon as possible. This will allow time for consideration by District Board and time to meet the deadline for pre Conference publication to all District 23 clubs.

It would be helpful if any proposals are sent to the District Secretary as soon as possible, and by 1 June 2009 at the latest.

If you have any questions about this process, or would like assistance preparing a recommendation, members of the District 23 Bylaws and Resolutions committee are available to help you. The committee members are Ronda Walker, Margaret Bird and Odile Glenn; our contact details are published in the District 23 Directory.

The Zonta International Bylaws 2008-10 are now available to download from the ZI website.

A hard copy of the Governing Documents that contain the bylaws of ZI and the ZIF, Rules of Procedure, Resolution and Biennial Goals will be mailed to clubs in the next club mailing package.

However if you wish to download your copy now, the path to find the information on the www.zonta.org site is via:

Member Resources
Manuals & Publications
2008 Governing Documents

The link is http://www.zonta.org/site/PageServer?pagename=mr_bylaws

Zonta has given 498 awards to women from 49 countries. Last year there were 42 entrants from 13 clubs in District 23. Has your Club nominated a YWPA Recipient for 2009? ENTRIES CLOSE 1 APRIL 2009.

Since 1990, the Zonta International Young Women in Public Affairs (YWPA) Program has encouraged more young women to participate in public and political life by recognising a commitment to the volunteer sector, evidence of volunteer leadership achievements and a dedication to the advancement of the status of women.

Awards are given annually to pre-university and pre-college women students (aged 16-20) committed to the volunteer sector and dedicated to the advancement of the status of women.

General Arguments in Favour of the YWPA Program

- It is the only international program, which can be actively worked on by every Zonta Club in the world (in every community there is at least one high school and there are organisations with the eligible age group).
- It is the only Zonta International program for the "pre-university or pre-college (16-20)" age group.
- It considers and awards young women not for their academic or sport achievements, but for their commitment to others; their extra voluntary work and leadership in their schools and their communities.
- It encourages them to also pursue leadership and involvement in the future, in their communities, in public affairs or in politics.
- It gives the girl students the opportunity to work/research on issues like internationalism and the status of women in their country and worldwide, which they might not have done without this program.
- It thus encourages them to pursue these issues in the future and to try to influence the advancement of women's equality etc.

- It offers the possibility, to inform young women before they leave school, that there is an international organisation and NGO, called "Zonta International", whose mission it is to advance the Status of Women and which may be interesting for them to join later.
- It offers marvellous opportunities for PR for Zonta International - its mission and its different projects and programs to reach this mission – on the local, District and International level.
- It is one of the best programs we have in Zonta International: All Zonta Clubs in the world can work on it as a club project, and at the same time they are involved in an international project, which offers awards (from the Zonta International Foundation!) to all District Recipients and to the five best as International Recipients!

How is the YWPA Award Program supported?

Young Women in Public Affairs Awards are made possible by generous contributions to the Zonta International Foundation Young Women in Public Affairs Fund. The Zonta International Foundation provides awards of US\$1,000 for each District recipient and US\$3,000 for each of the five International recipients. Zonta Clubs and Districts may provide additional awards.

Key Dates:

	DEADLINE
Club recipient is selected and application is received by District 23 YWPA Co-Coordinator BEFORE	1 April 2009
District recipient selected and application received by Zonta International Headquarters	1 May 2009
Announcement of District and International recipients	30 June 2009

Important steps to take before you send in your Club's YWPA recipient's application form for 2009

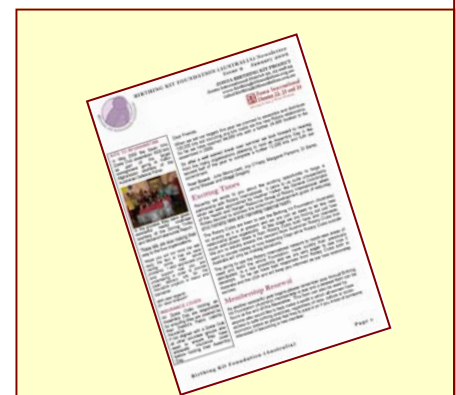
Ensure that the YWPA Award Application form is the correct one for 2009. Applications received on last year's form (2008) will not be accepted by Zonta International. It would be very disappointing to find out you have a winner but the award could not be presented because the application was on the wrong form.

- Check the website www.zonta.org and download the correct form.

The following resources are also available on the website to assist your club with the program.

- Guidelines for Clubs and Districts
- Selection Criteria
- Evaluation Committee Scoring Sheet
- Program Background / Statistics
- Application Cover Sheet for Clubs
- Application Cover Sheet for Governors
- Poster
- Sample News Releases – Announcing Applications / Announcing Recipients
- Sample Certificates – Club / International Recipient
- Sample letter for applicants not selected.

I look forward to receiving an application from your club. Contact me for further information.



Have you read the latest Birthing Kit Foundation Newsletter? It may be downloaded from:
www.birthingkitfoundation.org.au

Amelia Earhart, a member of the Zonta Club of Boston, first went on a joy flight at 23 and this began her love of flying. At 31 she joined a flight across the Atlantic Ocean and this inspired her 4 years later to fly solo across the same ocean to prove that as a woman she was able to do this. Amelia held many firsts with flights paths and speed records. Amelia was honoured with the Distinguished Flying Cross and the National Geographic Society Gold Medal.

Amelia decided to circumnavigate the world and after much research, and with a navigator, she had covered 22,000 miles before disappearing over a Japanese occupied island in the Pacific. Despite many theories and searches at the time, and in subsequent years, there have been few indicators found

of her actual crash site. In 1997, to celebrate 100 years from Amelia's birth, American Linda Finch successfully recreated her flight in a restored plane.

AE always encouraged women to expand their horizons by exploring occupations and holding positions not traditionally held by women. As a valued member of ZI before being lost, Zonta created what are now known as Amelia Earhart Fellowships to celebrate Amelia's legacy. These fellowships focus on eliminating the gender bias that women face in pursuing doctoral studies. For more details on Amelia Earhart visit www.zonta.org

Loss of Australia's Amelia?

In the last weeks we have learnt of the death of an Australian pioneer

Aviator, Nancy Bird Walton who held her commercial pilot's licence by the age of 19 in 1935, a similar era to Amelia Earhart. A few of Nancy's accomplishments were:

- Established the Air Medical Service
- Was commandant of the Women's Air Training Corp during WWII
- Established the Australian Women's Pilots Association
- Honoured with many distinguished Australian awards as well as being made a National Living Treasure in 2002

Maybe if Nancy Bird Walton had become a Zontian, in Australia we would also be celebrating her achievements.

The Qantas A380 named in Nancy-Bird Walton's honour is shown below. Ed.



Nominating Committee Request

Julie Wiltshire
D23 Nominating Committee Chairman

At this time of the year the Nominating Committee is considering and preparing a list of prospective members for each of the following offices for election at the District 23 Conference in September.

- District Governor
- Lt. Governor
- Treasurer
- Area 1 Director
- Area 2 Director
- Vice Area 2 Director
- Area 3 Director
- Area 4 Director
- Area 5 Director
- Nominating Committee (5 nominations required, 3 to be

elected)

The following dot points should relate to those who are considering standing for District 23 positions.

- Dedication and discipline
- Credibility and integrity
- Experience and knowledge of Zonta gained through interaction with Zontians at a variety of Zonta events and in a range of positions of responsibility
- Outstanding communication skills and a willingness to use new technologies
- Well demonstrated leadership

qualities

- Analysis and decision-making ability
- Open-mindedness and proven skills in interpersonal relationships
- A vision for Zonta's future which embraces different cultures, beliefs and needs
- A high level of energy

The Nominating Committee looks forward to receiving recommendations and suggestions of potential candidates for the District Board.

This is the title for CEDAW workshops being held across Australia during February and March.

The YWCA is coordinating the NGO Shadow Report for CEDAW - the Convention on the Elimination of all forms of Discrimination Against Women. As your District 23 UN Chairman, I will be representing Zonta International in Melbourne on February 9th.

The objectives of the workshop include strengthening the understanding of the UN Convention on the Elimination of all Forms of Discrimination against Women and getting an update on government policy agendas for women's human rights. The program addresses the specific questions of:

- How do we apply the human rights treaty system and CEDAW to our advocacy work?
- How do governments and NGOs report to the UN?
- What major shifts in policy have taken place?
- What is the Australian government telling the UN?
- What is in an NGO "Shadow" Report?

CEDAW is based on International Law that requires participating countries to implement a number of legislative, policy and financial measures to protect women from discrimination and to uphold the human rights of women.

The Australian Government submitted its 6th and 7th country report to the CEDAW committee in December 2008.

The non-government sector will submit a complementary Shadow Report to provide independent information and critique for the CEDAW committee to take into account. Civil society groups such as Zonta International and other NGOs play a vital role in speaking up for women's rights. All women's human rights NGOs will be represented at these workshops.

On November 25th 2008, the Australian Government acceded its intentions to become party to the Optional Protocol to the UN, thereby demonstrating its strong commitment to promoting the elimination of

discrimination against women and the standards enshrined in CEDAW.

Discrimination against women in any form is unacceptable and Australia is serious about promoting gender equality. This will provide people living in Australia with an international avenue through which they can seek redress if their rights under CEDAW have been violated.

MARCH 8TH INTERNATIONAL WOMEN'S DAY

Across District 23 fabulous events are being planned to celebrate this United Nation's designated day for women. At festive occasions, the achievements of remarkable women are being highlighted in the presentation of a variety of awards, and high profile guest speakers have the opportunity to recount their accomplishments.

These celebrations provide a wonderful opportunity to promote Zonta and its Objects in our community.

I wish all clubs success and pride in their recognition of the wonderful accomplishments made by women for the communities in which they live.

Well done to those clubs who have already submitted their event details on the IWD website. It's great to see Zonta International listed!

2011 District Conference Hosting

Zontians love to travel! Where would you like the 2011 District Conference to be held?

Expressions of interest from Clubs or an Area (ensuring a number of enthusiastic clubs can experience this process without causing burnout) who wish to be part of the exciting prospect of hosting the next Conference are sought by the D23 Board.

It could be on the Mornington Peninsula, the Swan Valley or Barossa Valley, the possibilities are endless!

Unsure of the process for this? The Guidelines to Hosting a District 23 Conference can be found in the D23 President's Handbook, or you can contact D23 Secretary, Jo Wittorff, who will email this to you. Don't delay; submissions are welcomed as soon as ready.

2009 District 23 Conference

Ballarat, Victoria, 25th – 27th September
Doherty's Ballarat Lodge

Have you booked your flight and accommodation?

Area 1 Report

Melbourne and Eastern Victoria

Faye Juetz, Area 1 Director

Area 1 clubs have enjoyed a timely break following their end of year activities in December.

The first opportunity for all members to get together was on Sunday 18th January when Frankston and Mornington Zonta clubs combined to put on their usual fantastic Amelia Earhart Breakfast. The day commenced at the International Hotel in Frankston where members, partners and guests from Areas 1 and 4 clubs, along with District Governor, Alison and husband Barry, were treated to a talk by Heidi Lange about her emerging career in aerospace engineering. Heidi brings her youth and talent to the Melbourne on Yarra Zonta Club where she is now a member.

Following breakfast we all piled into mini-buses for a tour (wineries included, of course) which

culminated in a fine afternoon tea at Cruden Farm. Although we did not get to talk to Dame Elisabeth Murdoch, who so generously allows people to tramp all over the place and walk right by her windows, we were mindful of her approaching 100th birthday and very privileged to enjoy her generosity in sharing the beautiful garden and property she has so lovingly overseen for decades. A great day! (See photos on page 10.)

Clubs are now getting back into gear and looking at programs for the next months. The first president's meeting is scheduled for 20th February to follow up from the District 23 Board meeting and to promote the Area Workshop on 2nd May and the District Conference in September.

As Zonta Area 1 representative for

the Victorian Women's Link Project, (funded for 1 year by the Department of Immigration & Citizenship "Diverse Australia Program"), I have just participated in the first Project Advisory Committee meeting and look forward to engaging Zonta clubs in my area to participate in networks to engage women from mainstream and ethnic community groups to work together on a locally identified issue. The opportunity for Zonta to work with the Victorian Immigrant and Refugee Women's Coalition in delivering a high profile project that will be a benchmark for future DIAC funding is invaluable.

In advance I wish all Zontians a happy International Women's Day.

Mark in your diary: Area 1 & 4 Workshop to be held on May 2nd at the Melbourne Girls Grammar

Area 2 Report

Cintra Amos, Area 2 Director

Apart from some club Christmas and Amelia Earhart birthday celebrations, life in Area 2 has been pretty quiet. However, preparations are well underway for our Area 2 Workshop "An Encounter with Zonta" on 4th April at the Victor Harbor Civic Centre in Encounter Bay. The workshop will be hosted by the Fleurieu Club and its members are working hard to make it a day to remember.

Dr Fiona Verity ("Community Capacity Building") and Kay Poustie OAM ("Service through Advocacy") head the exciting program, which has something for everyone including some fun interaction.

We are delighted that DG Alison Martin and Vice Area 2 Director Deb Sykes will be joining us, and we are hoping for a large contingent of Zontians to participate.

Some socialising will follow and, as Area 2 Zontians have previously demonstrated their appetite for travel, it is hoped many members (and partners) will stay overnight and enjoy dinner that evening.

Further information and registration forms available mid February.

Amelia Earhart Breakfast in the Park

Adelaide Flinders and Adelaide Clubs The Adelaide Flinders and Adelaide Clubs once again combined for their highly successful annual "Amelia Earhart Breakfast in the Park" on Sunday 18th January.

On a perfect summer morning Adelaide was already buzzing with the Tour Down Under cycling event when over 100 people of all ages began our celebrations. Relaxing on the grass under the shady plane



Having breakfast in the park raised over \$1,000 for Amelia Earhart Scholarships!

trees in Botanic Park, all enjoyed a delicious picnic of crusty bread rolls with fresh ham and cheese, platters of fruit and Danish pastries, accompanied by glasses of champagne and orange!

An extremely pleasant day, with over \$1,100 being raised for Amelia Earhart Fellowships.

Mature Aged Student Scholarship Zonta Club of Gawler

The winner of Gawler's first Mature Aged Student Scholarship was Jelina Haines. Jelina describes herself as a Freelance Textile/Fibre and Environmental Artist, Wildlife Costume and Graphic Designer, Community Arts worker and Project Manager. Her study includes Bachelor of Arts (specialising in Textile/Fibre Art), Post Graduate Certificate in Business Management - Archival & Preservation Management.

She wants to be a good role model for her son by taking study seriously, achieving across a variety of spheres and contributing to cross cultural relations through

Area 2 Report continued

involvement with Camp Coorong, Coorong Wilderness Lodge and Coorong Biodiversity and Restoration Project (CBRP). Having spent four days with Jelina



Jelina Haines—energetic advocate

recently on a CBRP trip, I found she never stops and is passionate about continuing to build relationships and working with the Ngarrindjeri people.

It was exhausting, exhilarating and amazing, as is Jelina. For me the trip of a lifetime, for Jelina part of her journey in contributing to indigenous communities which she sees as having a culture similar to her own.

Gawler Young Citizen of the Year Club nominee, Elizabeth Hatcher, was announced as Gawler Young Citizen of the Year for 2009.

Although not a member of Zonta Gawler, Elizabeth is considered one of their own. Her mother Lee is a valued Zontian and her grandmother Norma also contributes enormously to Gawler and region—three generations

inspirational in valuing community and contributing to capacity building. Elizabeth has a long list of community involvement, however, for Zonta Gawler specifically, she attends Birthing Kit Assembly Days, is often our photographer, helped with fundraising at "Lyndoch Uncorked" and the Gawler Gourmet and Heritage Festival - and more.

Elizabeth often assists Lee in her local government work with the physically and intellectually disabled and the socially isolated through mental health and other issues. The Zonta Club of Gawler is delighted to nurture and acknowledge Elizabeth who presents as a bright, bubbly and warm young woman. She is also accomplished in sport and dance in addition to commitment to community. 2009 will be a busy year for Elizabeth as a Year 12 student and College Captain of Xavier College.

Sponsorship of "Buried Treasures" Program in Port Lincoln

The Zonta Club of Port Lincoln was delighted to present a cheque for \$1,380 to assist with the "Buried Treasures" 10-week program run for young mothers in Port Lincoln. The money is part of the funds raised by the club for Mental Health Services in Port Lincoln at the 2008 Zonta Long Lunch. "Buried Treasures" is a creative writing program which incorporates art and craft in journaling and is designed to build confidence. It encourages women to explore their parenting strengths.

Research shows that writing about

feelings and reactions to life events can be healing and life changing. The program is being run by Port Lincoln Health Services at the Port Lincoln Family Centre.

Aerobics Instructor Guest Speaker at Fleurieu Club

Members of the Zonta Club of Fleurieu Peninsula brought food to share at Penny Ruciak's home for a special Amelia Earhart night last month.

Guest speaker was Caroline Disney, an incredible young woman, just 29 years old, who trains cadets to fly at Parafield Airport, specialising in aerobics. In the same way as her hero, the late Nancy Bird-Walton, Caroline always wanted to fly, and her grandfather paid for her first joy flight at the age of 11.

Caroline also works on the weekends at the Goolwa air base offering tourists an adrenalin rush on the Warbirds Adventure Flights in a Chinese built fighter plane. With her fascinating tales and her bubbly personality, Caroline was indeed a pleasure to listen to.

Adelaide Flinders plays Mother Christmas

The Zonta Club of Adelaide Flinders played Mother Christmas in December and distributed 142 gifts to different services. There were 50 toiletry bags to Olga Fudge Lodge (Aboriginal Family Support Services), 50 to Western Shelter (Central Domestic Violence service) and 42 Shoeboxes of Love to Catherine House (supported accommodation for women).

Area 3 Report

Western Australia

Judy Tennant
Area 3 Director

The following is a summary of the biennium to date in Area 3.

Service

A total of 561 Zonta Breast Cushions were made by Area 3 Clubs up until the end of August 2008 with cushions distributed to a variety of health related organisations in both metropolitan and regional WA.

Both Peel and Bunbury Clubs have on-going workshops and provide the

project coordinator with regular supplies. The Bandyup Women's Prison in WA also produces approximately 30 cushions each month for collection and distribution.

All Clubs in Area 3 have been actively engaged in assembling Birthing Kits with almost 37,000 kits distributed since workshops in WA commenced in July 2004. During 2008, 6,600 kits were assembled by WA Clubs.

A number of events were planned to celebrate Amelia Earhart.

Bunbury

- To mark the 60th anniversary of the UN Declaration of Human Rights, President, Penelope Northcott encouraged local primary schools to read about Human Rights with a presentation of a book consisting of the 30 articles that comprise the Declaration. The presentation attracted local media.
- During International Literacy Week

Area 3 Report continued

in September, Zontians distributed books to mothers of babies at the Bunbury Regional Hospital and St John of God Hospital.

Dunsborough Region

- Donated \$400 to the Country Women's association to produce 143 breast cushions.
- The Club hosted a respite holiday for 3 women who were victims of Domestic Violence (via Zonta House)
- Collected and packed *Comfort bags* containing personal items, and donated them to Waratah House Women's Refuge in Bunbury.
- A \$2000 Scholarship of Excellence was awarded to a local woman in her 2nd year of tertiary education. The standard of applicants was so high that the Club decided to award \$1000 each to the two runners up.

Peel Region

- Currently planning and will host an International Women's Day breakfast on March 8.
- Produced 52 Breast Care cushions, (sewn, filled and packaged) at a workshop held in November.
- Produced gift packs consisting of toiletries and underwear for presentation to a local Women's Refuge.
- Sponsored the high school education of a young Balinese girl, Kadek, and provided a Christmas hamper for her family using funds raised through raffles at dinner meetings, fines and donations. Following a presentation by the local coordinators of the Carolia Project in Bali the Club provides clothes, toys and books which are taken to Bali and distributed to needy families. A huge party for the children is also organised in Bali which members try to attend.

Perth

- Provided funds to purchase a second hand "Zonta Troopy" (four wheel drive) for delivery to the Ngarinyin women along the Gibb River. The old vehicle is being used to bring food into the community, collect kids from

school in Kulumburu and to go on fishing trips. Pat Johnson a visiting Zontian from the USA donated money to purchase fishing lines for the children at the schools at Gibb River and Mount Barnett communities.

Perth Northern Suburbs

- International Day for the Elimination of Violence Against Women or White Ribbon Day as it is more commonly known was held on 25 November. A very successful breakfast at the Burswood on Swan was organised by Di Bryant from the Perth Northern Suburbs. The event was well supported by Area 3 Zontians as well as many other supporting organisations.
- Awarded \$1,000 to the recipient of the Lucy Bohan Nursing Bursary. The scholarship, in conjunction with Edith Cowan University, is presented to a financially struggling female nursing student to help complete her studies.

Swan Hills

- Zonta Club of Swan Hills will be holding an informal gathering at the home of one of its members in Guildford (under the Perth flight path!!) It will take the form of a brunch and members have been told they must dress up to suit the occasion.
- A Studies Assistance Grant initiated by the Club provides assistance to young women who return to education and face considerable hurdles to achieve their educational goals. The Grant targets girls in year 11, progressing to year 12, many of whom are refugees. The winner of the 2008 award of \$500 was Margaret Garang who attended the November meeting to receive her certificate. The money will be held in trust by Cyril Jackson Senior Campus for Margaret to use to continue her studies

Fundraising

Bunbury

- Annual Quiz day at the Bunbury Bowling Club.

Dunsborough Region

- The Club's major annual fund raising event, the Melbourne Cup Lunch, raised \$8,500.

- **Peel Region-** Wings Cocktail Evening to celebrate Amelia Earhart and raise funds for the A E fellowship fund.

Perth

- Fashion Show and Lunch held at the WA Rowing Club
- Australian Girls Choir fund raising event held in September raised over \$4000 for Zonta Club of Perth community projects, particularly those that benefit Indigenous communities in the remote Kimberley region.

Perth Northern Suburbs

- Mystery Dinner - Members of the club volunteered to host a dinner at their home (nominating how many people they could accommodate). Non-hosting members were encouraged to invite friends, associates and families to attend a dinner at a cost of \$30 per head. The mystery – no one knows who the hostesses are (except the organiser) and no one knows where they will be having dinner until the afternoon of the day. Hostesses provide the meal at a cost of \$10 per head.
- Car Rally – Car entry is set at \$20 which includes a raffle ticket. Entrants are given a cleverly worded route with clues to guide you along the way (they are also given an answer key in a sealed envelope if they run into trouble). Also, there is a list of challenging items to be collected along the way. The winner is the car that has gotten to the secret destination the fastest and with the most items on the scavenger list (without the help of the sealed envelope). The destination is usually a venue where attendees can enjoy a picnic/bbq.

Swan Hills

- Several successful events were held including the Avon Descent fundraiser which is an annual event held at the Property of Judy and Steve Foster in the Swan Valley. This year \$1300 was raised.
- A Swap Meet was held on 19 October at Greenmount Primary School, raised over \$600.

A great effort by everyone!

A Happy New Year to you all. We are so fortunate to be a Zontian and have the opportunity to help women and girls improve their lives. My report gives you an insight in to the work and fellowship our seven Clubs in Area 4 were involved with in the last two months.

Albury/Wodonga

The club organised a Summer Social evening on Monday 19th January, 2009. The ongoing Carers accommodation at the Albury Base Hospital is a major project for this club. They are also planning a YWPA meeting for 2009.

Ballarat

A planning meeting was held on Saturday 31 January 2009 with discussion on gaining and retaining membership and positions for the new Board for the next biennium.

The 10th D23 Biennial Conference will be held in Ballarat on September 25-27, 2009 at the Mercure Ballarat Hotel and Convention Centre.

Bendigo

The International Women's Dinner is on Tuesday March 3, 2009 with Nicole Livingstone as the guest speaker. All proceeds will go to Ovarian Cancer Research.

Members attended the Amelia Earhart Breakfast at Frankston and were most impressed with the Guest speaker, a young Zontian from the ZC of Melbourne on Yarra, Heidi Lange an Aerospace Engineer. (See photos in separate article).

Ann Horrocks, the past D23 Secretary gave an excellent address on Amelia Earhart. Ann told us; she was the first woman to fly the Atlantic and to fly this ocean solo.

Geelong

March is going to be a very busy time for the members of the Zonta club of Geelong. The Club has received a Community Arts Grant from City of Greater Geelong Council and the International Women's Day Art Exhibition Official Opening is on March 1, 2009. The Exhibition will extend from 1st-15th March 2009.

The Awards dinner (four awards/ Scholarships) with Guest speaker Kathie Thomas will be held on March 4, 2009.

The club will also be celebrating its 30th anniversary on April 1st—congratulations!

Kyneton

A very successful Community Service Australia Day Community Breakfast organised by the Lions Club, Rotary and Zonta clubs was held in the Mechanics Park in the centre of town.

Margaret Dearrictott being a member of the ZC of Kyneton addressed the large crowd that attended. The monthly summer bookstall was held at the "Farmers' Market" in January 2009.

Members travelled to the Amelia Earhart Breakfast and tour to wineries and "Cruden Farm". The D23 District Governor Alison Martin (and her husband Barry) from the Zonta Club of Perth Northern Suburbs attended and Alison addressed the 90 people who attended. Congratulations to the ZC of Mornington Peninsula for a superb day that was enjoyed by all.

Melton

The Amelia Earhart celebrations were held at Point Cook Air Force Museum on January 17, 2009. Members were shown a short film on women joining the forces in WW2 arriving in normal clothes and then marching in unison in their uniforms. In March 1941 a call went out to volunteer for service. There were 42



Zontians visit Point Cook Air Force Museum

mustering and an excess of 27,000 women joined as transport drivers, clerks, medical, cooks, nurses etc.

A fundraising Barbeque was held at "Bunnings" on February 1, 2009.

Wangaratta

A Scholarship was presented to a Yr 9/10 Student Rachel Flannigan at "Our Ladies School". The club provides ongoing support to the "Domestic Violence Centre, Cooroonya" and donated baby clothes for the needy.

The local Police have been contacted to have a meeting in February 2009 in regard to teenage girls.

Amelia Earhart Breakfast and visit to Cruden Farm



At Cruden Farm, Front L-R: Area Director Judy Rothe with guest speaker Heidi Lange Back L-R: Ronda and Elizabeth

On Sunday 18th January, Judy and Neil Rothe, Elizabeth and Ronda Walker enjoyed a marvellous day

organised by the Zonta Clubs of Mornington Peninsula and Frankston to celebrate the life of Amelia Earhart and to raise funds for the Amelia Earhart fellowships. This annual event began with a substantial breakfast where aerospace engineer Heidi Lange (Zonta Club of Melbourne on Yarra) spoke about her work as a design engineer.

After breakfast the 90 guests climbed into mini buses for a tour of antique stores and wineries in the Tyabb area, before taking afternoon tea in the beautiful garden at Cruden Farm, home of Dame Elisabeth Murdoch.

