

Newsflash

Volume 14 Issue 3 MARCH 2015

FROM THE GOVERNOR

Since the last Newsletter the D23 board has had a teleconference meeting in November and more recently a face to face meeting in Melbourne.

Membership fees - Despite the Aussie dollar falling there will be no change in district fees for 2015-16 as our membership growth remains strong.

District Budget Review - The board has identified some key areas where district surplus funds can add value to clubs and make our district stronger. One area of need is redevelopment of our district website. While we have good content and our webmaster keeps it up to date it now looks tired and cluttered. We will engage a professional to do this work. I ask club Presidents to carefully read the Conference newsletter that will be circulated shortly for an invitation to clubs to support newer members to attend the D23 Conference in October in Adelaide. Another key area identified is training. We plan to invite district leaders to extend their stay at the Conference by another half day to attend training that will further develop their skills and equip them for their roles. We have also adjusted the budget lines for the members of the board to better support them financially. This biennium we have two regionally based Area Directors and travel expense is significant. We have increased the travel reimbursement from .30 per km to .40c per km. It is important that we are able to recruit members into leadership roles without imposing a financial burden. The board has also approved funds to assist clubs with rebranding. Details will be provided in an email. These decisions have not been made rashly and I made mention in the last Newsflash that I had been seeking counsel from many past district leaders. The district will remain in a sound financial position and is only redirecting some of the surplus that has built up over time.

February Board meeting in Melbourne - Thank you to Area 1 Director Kay Stewart for her organisation and the members of the ZC Melbourne on Yarra for supporting Kay. It was great to have the opportunity to meet with

members of the Past Presidents Group as we shared the same premises for our meetings and they provided afternoon tea. Peter and Kay Stewart also provided home hospitality for the board on the Friday night with a fabulous meal. Thanks to all involved we need your support. Board members give their time to travel and attend. While our meetings were long, thanks to a collaborative team, our time was productive and great fun.

An update on ZC Darwin - The Minister for Women's Policy, NT will host a function to relaunch the club at Parliament house on 23 March. I will attend the event and also hold a training workshop for the new and prospective members.

New D23 Service Chairman - Carole Theobald has resigned from her role as D23 Service Chairman. I thank Carole for the work she has already contributed at district level in this biennium. I have invited Ann Horrocks, Past Governor and current D23 ZIF Ambassador to also take on Carole's role. Ann has accepted and says that this seems to be a natural extension of her role on the ZI Service Committee. She is now in the interesting position of reporting to herself.

ZI new branding - There have been many emails and information is now available on the ZI website. I ask that club Presidents email their Area Director (cc D23 Public Relations & Communications Chairman Jane Smith) to confirm that their club logos have been successfully downloaded from Drop Box. If you are having difficulty, these are the people who can assist.

Update on Voices Against Violence (VAV) - Girl Guides Australia already have some leaders trained through the VAV program. This is why Australia is not one of the 12 countries being supported by ZI. GGA are in the next phase which involves developing risk management strategies and planning how to roll out their training program which is expected to be in 2016.

The Governors of District 22, 23 and 24 have been working together with

support from ZI President Maria Jose, ZI Liaison Sally Bean and Megan Radovich, ZI Director of Programs & Advocacy. The Governors of the three Zonta districts in Australia have submitted a proposal to GGA to form a partnership to assist them in the rollout of their training. If this eventuates it will remain outside the international project VAV. It is still early days and I ask clubs to be patient while we seek to develop a national program of our own.

Erica Majba



"Zonta promotion"

Zonta features on Radio Adelaide

D23 Governor, Erica Majba was interviewed about Zonta history and today's statistics

Listen to Erica's latest [radio interview](#)

Erica has also written a small chapter on Zonta in a book that was launched late last year called

"Positive Ageing: Think Volunteering"

edited by Louise Rogers & Joy Noble



Our thoughts are with

Area 4 Director

Margaret Lynch

as she returns from Scotland

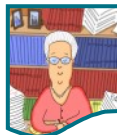
following her Mother's funeral.

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AREA 1

Kay Stewart Director



The combined Area 1 and 5 Meeting, to be held on Saturday 21st March in Melbourne, is themed 'Kicking Goals for Zonta' and will guide club boards and members in understanding the flow-on from ZI to D23 to clubs and what that means at the grass roots level in meeting the ZI goals for the biennium.

Area 1 clubs have been active in celebrating significant Zonta dates. In January, the Frankston club ran a very successful Amelia Earhart Day function at the Royal Botanic Gardens in Cranbourne, with its amazing Australian collection. As well as hearing about Amelia Earhart, Zontians and friends learnt about the history and features of the Gardens, which gave the gathering a bonus Australia Day feel. The function was attended by around 70 people, including members from many clubs in both Areas 1 and 5. Melbourne's West club will celebrate International Women's Day on 24th March with a dinner in Williamstown.

My thanks go to the members of my club (Melbourne on Yarra) for their willing and efficient assistance in running the D23 Board meeting in Melbourne. They provided home hospitality, transport and catering, which was much appreciated by all. The meeting was held at [Soroptimist House in South Yarra](#). I recommend this reasonably priced venue for meetings, fund-raisers or short-term accommodation in Melbourne.

Some tips for ongoing fundraising from clubs: a pharmacist from the Frankston club offers people the opportunity to make a donation to Zonta when she witnesses signatures on official documents; Melbourne's East has an ongoing commitment to volunteering at an 'op shop' run by the local Lions Club, in return for which they receive a share in the profits.

AREA 2

Nan Berrett Director



Service and Advocacy have remained at the forefront of the work of Area 2 Clubs and have included the wonderful Walk In My Shoes touring display, exhibited in four regional areas and five metropolitan venues. The Zonta Club of Adelaide's important domestic violence awareness project also resulted in a partnership with Mt Gambier Soroptimist International resulting in a month long campaign in the south east of South Australia. We look forward to the completed book of stories from the campaign which is expected to be completed in April.

A three year girls' group program has been supported by the Zonta Club of the Fleurieu Peninsula to improve outcomes for local young women focussing on issues such as self-identity, friendships and bullying, including cyber bullying. This program has had a positive effect on the girls involved.

I was privileged to attend the launch and celebration of the 2015 Expect Respect Calendar program, which is an initiative of the Zonta Club of Adelaide Hills facilitating an awareness raising and educational advocacy program at the Mt Barker Primary School. Children are introduced to the issue of respectful relationships and the rights of the child during workshops run by local Police and a Child & Adolescent Mental Health Service Counsellor. Posters created by the children reflect their learning and are reproduced in a calendar for wide distribution.

These are just a snapshot of the many and varied service and advocacy programs occurring in Area 2 Clubs.



A special reminder to Area 4 members of the joint Area 1 & 4 Meeting to be held on Saturday 21 March. Details of venue and program coming soon.

At the Kyneton Aerodrome: (L-R) Ronda Walker, Amelia Earhart Dot Laughton & Annamarie Perlesz

AREA 3

Jane Moulden Director



Being a Zontian involves work, play and planning. These all come to the fore in our so called holiday over summer. In Area 3 our calendar year ended with Christmas parties. These are important non-fundraising events which draw Zontians and their partners into a close community. They strengthen the bonds that are needed when the going gets tough at other times of the year.

Although we may not have had formal meetings, our brains have been ticking along Zonta tracks. Several clubs hold planning sessions at this time of year with a calendar of events put in place. This gives a very clear sense of direction and enables a more focused and timely approach on planning individual events.

Preparations are well under way for celebrating IWD. This will be a perfect opportunity to advocate for women's rights, to promote our new vision and to embrace our new branding.

The 2015 Area 3 Workshop is being hosted by the ZC of Bunbury on Saturday March 29th. They have put together a splendid line up of guest speakers and activities. Stay overnight and enjoy more camaraderie over drinks and dinner. I urge you all to attend. Again, this is a great way to strengthen the bonds within Zonta.

Good luck to all clubs for a successful 2015.

AREA 4

Margaret Lynch Director



Although we seem to think the period from December to February is quiet the Clubs, Area 4 have shown this not to be the case. There have been many social opportunities for fellowship and a chance to introduce women outside the Clubs to the aims and goals of Zonta.

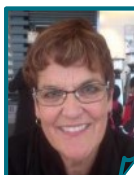
As Area 4 Director my attendance at the District Board meeting held on 7 & 8 February once again allowed for the development of my knowledge around the various aspects and operation of our District. I will be sending a report to all Presidents in the next few days. Each Club also took the opportunity to reflect on their achievements of the year gone by and to affirm their goals for 2015.

The Zonta Club of Central Goldfields included in their newsletter a book review of the life of Amelia Earhart: "The Sound of Wing; the life of Amelia Earhart" written by Mary S Lovell. Members may be interested as it does not focus on her disappearance and also acknowledges her as a being an active member of ZI— one to look out for. Amelia Earhart was celebrated with a High Tea by the Ballarat Club and Kyneton with a fun day at the Kyneton Aerodrome with planes flying in and a display of Zonta projects.

I know all Clubs are now arranging their IWD dinners and there are a number of very prominent and interesting women as guest speakers. I look forward to hearing about these events in the coming months.

AREA 5

Julia Taylor Director



The end of 2014 saw clubs in Area 5 still making Breast cushions and Birthing Kits, along with fundraising for clubs through innovative and delicious Christmas fare. Devonport Club's main fundraising activity for the year is making Christmas puddings and Launceston Club continues to make delicious shortbread.

Hobart Club's 400 Birthing Kits were delivered to the Democratic Republic of Congo. Hobart received good publicity from this event in the local news, and had 12 volunteers to help them.

White Ribbon Day saw Launceston Club involved in 'Walk the Talk in the Mall', and Devonport showcased 'Zonta Says No' with an orange tee-shirt display in the Rockman's store in the Mall.

Club memberships remain healthy. Devonport and Hobart clubs have inducted new members. The power of collaboration is evident in Area 5, with new and potential members being directed to local Zonta clubs. Some of this information is directly sourced from other Zonta Clubs, or it has come from websites. This action displays generosity of spirit and reminds us that we are all working together for Zonta.

PR & Communications

Jane Smith PR&C Chair

There have been some exciting things happening in Zonta PR and now that the holiday break is over we can begin to focus on these. All clubs have been advised of the new branding and how to access their club logos. It is important that all correspondence and promotional material use new branding and the approved Zonta colour palette and tints. The Guidelines are very informative and I am happy to help if anyone is having difficulty downloading or using these logos or the colour palettes.

It has been pleasing to see correspondence from clubs using signatures with the new branding

The new template for powerpoint presentations has just been released and can be downloaded from <http://www.zonta.org/brandrefresh>

Once again, I would be happy to help clubs if they experience difficulty in using this.

Clubs would have received the new 'Zonta Says No' bookmark at the end of last year. Only a small print-run was done as we knew the new branding was going to be released. More will be printed, with the new branding, as soon as required. We are currently working on a new D23 brochure which will incorporate the new branding and fresh new look. These are important tools when promoting Zonta.

In the coming weeks I will be sending to clubs, information on the District 23 PR Awards which will be presented at the D23 Conference in October.

Our D23 website is being continually updated by webmaster Carole Theobald. It is recommended you access this site regularly for information, especially D23 Conference updates.

Please continue Share your Stories about your club or district's service projects, fundraisers and advocacy efforts by using the form on the ZI website - [Share Your Story](#). It would be great to see more from D23 on the site.

ZI Foundation

Ann Horrocks Ambassador



Zonta International Foundation has been in contact with all members promoting special days when members are able to easily donate on line. At the same time we should keep in mind our club donations to ZIF - to date only a few clubs have sent money. I encourage all members to consider making an individual donation if they are able. It would be good to once again have many D23 clubs honoured at Convention in 2016. When you thank your Guest Speakers consider giving a certificate detailing that the club will give a Donation to ZIF in their name. Ensure that when completing the donation form you include who it honours.

An easy way to keep your members up to date on the ZI Service programs is to ask your Area Director when on their club visit to discuss these and the ZI Foundation.

ZIF Centennial Endowment Campaign - FAQs was included in the recent ZI mail out to club Presidents with the 2014-2016 Governing Documents. You will hear a lot more about this campaign over the next 4 years through to our 100th Anniversary in 2019. It will run in parallel to our essential ongoing club and individual donations to ZIF. It is designed to raise an additional USD 10 million for the ZIF Endowment Fund, ensuring ongoing support of the Foundation for the future. How? The Endowment Fund principal is kept intact, while the investment income only is used for ZIF projects and programs as needed.

This will be YOUR opportunity to make a special donation either in a single donation or as a pledge over 3 years. Together, we can ensure that Zonta continues to empower women the world over, far into the future! Our ongoing donations to ZIF by clubs and members are usually directed to a particular program eg ZISVAW, SERVICE, AE, JMK. YWPA, or to the Rose Fund. The Rose Fund is used to top up the other program areas if they do not meet the budget for that program.

Amelia Earhart

Adrienne Williams AE Chair

FROM AMELIA'S COCKPIT

Greetings all. Thank you to the five clubs who advised me of the fundraising functions arranged to celebrate the birthday of Amelia Earhart. The photos and reports sent to me were most interesting. The range of speakers and topics were excellent but unfortunately limited space precludes me including them in Newsflash as I had intended.

Discussion has taken place between AE Chairmen around the world that perhaps limiting functions to January is too restrictive for some clubs and their programs, particularly when many clubs do not meet in January. Therefore it will be possible to widen the time frame so that clubs can schedule an AE fundraising function at a more suitable time into their club and Area calendars.



(L-R) Lyn Furner Smith President ZC Para Districts, Frances Bedford MP who spoke on early balloon flight and AE Chair Adrienne Williams

Membership

Judy Gorton Lt. Gov & Membership Chair

I recently received an email from the ZI Membership Committee congratulating District 23 Clubs for their continued membership growth. Particular mention was made of the following Clubs:

Zonta Club of Bendigo

Zonta Club of Noarlunga Southern Vales

Zonta Club of Hobart Derwent

I extend my congratulations to these Clubs and have suggested that they might like to share some of their initiatives and activities used for promoting membership.

As we all know, without this continued growth, Zonta Clubs worldwide will be under pressure. Some of you may not be aware that once club numbers drop to six or less members they are considered to be at risk and as you can imagine it is very difficult to attract new members to a Club under threat of possible closure.

I have been excited to hear news from the ZC of Port Lincoln that the proposed new Club based Cummins is working towards a Charter date in 2015.

Just as exciting is the revitalisation of the Darwin Club with seven financial members and the prospect of more to come. The Governor Erica will be formally inducting these new members in March.

Whilst our combined club numbers are a healthy total of 816 members, we cannot rest on our laurels. With Christmas and the New Year festivities out of the way, clubs will be regrouping so this is a great time to start looking at your club membership and addressing ways of invigorating your membership. Please share your ideas for doing this by dropping me an email. I have posted new member certificates to Presidents throughout the District however I have no doubt there are more, so please let me know



We invite you to celebrate Zonta Rose Day and International Women's Day by sending a yellow rose tribute to a remarkable individual who has made a difference in your life. Just make a donation to the Rose Fund, and we will email a virtual rose bouquet to the recipient of your choice. To ensure your honouree receives her/his yellow rose bouquet on Rose Day, please make your donation by 6 March.

Your donation to the Rose Fund will enable Zonta to continue to support projects and programs that help women achieve a life free of violence and overcome gender barriers that hinder their access to health, education and professional advancement on an equal basis with men.

Donate at:

<https://zontafoundation16394.thankyou4caring.org/sslpage.aspx?pid=298>

Jane M. Klausman Women in Business Scholarship

Wendy Quinn D23 Chair

Women have made great strides in the pursuit of education, careers and leadership roles that they were once denied. Today, however, women are still more likely to be pouring the coffee in global boardrooms than sitting on the boards. The Jane M. Klausman Women in Business Scholarship program helps women pursue undergraduate and master's degrees in business management and overcome gender barriers from the classroom to the boardroom.

Scholarship Description

The scholarship was established in 1998 from a generous bequest by Jane M. Klausman, a member of ZI, New York, USA. The scholarship is awarded annually to women pursuing undergraduate or master's degrees in business management.

Eligibility

The program operates at the Zonta club, district/region and international levels. Each year Zonta clubs provide awards for club recipients. ZI awards scholarships of US \$1,000 each at the district/region level and 12 international scholarships in the amount of US\$7,000 each. The scholarships are awarded each year and may be used for tuition, books or living expenses at any university, college or institution offering accredited business courses and degrees.

Application Process

The 2015 program is due to commence shortly and it is not too late for Clubs to be involved. Our 2014 District 23 nominee, Tsionawit Gebre-Yohannes, was successful in

being awarded an International level scholarship proving once again that we have some very impressive young women who can be encouraged early in their careers and learn more about the amazing work of ZI.

The scholarship program operating at a Club level provides a wonderful opportunity to promote ZI through media coverage, involvement with educational institutions and the direct involvement of young women setting out on careers in business.

Deadline

I would like to encourage all Clubs to consider being involved. It is not hard. All you need to do is establish a selection process at a local level, using the revised ZI guidelines. The 'JMK Application Form for 2015' is now available and can be downloaded from the ZI website. [\(Click here\)](#).

Forward your nominee to District 23 by July 1, 2015. We will do the rest.

Help is available

Most Universities have scholarship units and will be happy to provide assistance with coordinating an application process. Once this relationship is established with an educational institution the rest is relatively easy, particularly when there are lots of web-based resources supporting the scholarship process on the [ZI Website](#). If your Club would like assistance with knowing how to get started please let me know. Help is available.



Service

As the new D23 Service Committee Chairman, I wish to thank Carole Theobald for all she has achieved in this role to date. Carole is still the current D23 Webmaster as well as a valued member of the ZC Perth. Carole's role as Project Director with the WA Dept of Transport sees her responsible for ports and railways, a very responsible and time consuming role. She is soon to become a first time grandmother for family in NSW. I can relate to the interstate separation from immediate family with grand - children. We wish Carole well in all that she has ahead of her.

Zonta Service: I see two aspects to this role - one is from the international programs and education awards perspective and the other is local service at the club and district level.

ZI Service Programs: There is a strong synergy between ZI service and the ZIF Ambassador role as one cannot exist without the other.

The Education Awards are covered separately in this newsflash.

Ongoing since 2008 the **Liberia Fistula Program** has moved from working to reduce the incidence of fistula to its elimination as well as improving the health and socio economic status of women and young girls. During the height of the Ebola crisis this program was put on hold however it has now resumed.

Also starting in 2008, the **Prevention of Mother to Child Transmission of HIV in Rwanda** was supporting women from a health perspective and now has moved to include the elimination of Gender Based Violence and to contribute to a nation free of AIDS and new HIV infection. A major current focus is on elimination of VAW.

The third current service project is **Gender Responsive Schools** in Vietnam which is working in the schools to create an environment that is free from gender based violence.

A summary ZIF/Service PowerPoint previously distributed to clubs can be shown at your club meeting or slides copied and used in your club newsletters. It is available at <http://www.zonta.org/ClubsLeadership/Tools/FoundationTools.aspx> Further info is also in the Service Tools section.

ZI Service Recognition Awards: ZI is again running these awards for both Club and District service projects. The deadline for entries will be later in the year so I suggest that your club reads the ZI Guidelines at <http://www.zonta.org/ClubsLeadership/Tools/ServiceTools.aspx> and begin to think which project(s) you might enter.

Local and D23 Service: Work through your Area Director to ensure your clubs meet the Advocacy/Service Project Scorecard with all your club projects.



Ann Horrocks Service Chair

Young Women In Public Affairs

Joanne Metzger YWPA Chair

As April 1st is fast approaching, I trust clubs are finalising their winning candidate for the YWPA Award and assembling paperwork ready to submit for District judging. Remember to include all pages, including two (2) Recommendation forms (Pgs. 5 & 6) and the Verification Form (Pg.7).

Please note that no other supporting documentation is to be included above and beyond the specific areas set out in the 2015 Application.

I recommend that clubs keep a photocopied hard copy and an electronic copy for record purposes

****Please send me the original hard copy using 'Registered Post' to my new address and email the electronic copy'***

Thank you in anticipation for following these guidelines as we wish the process to be as smooth running as possible.

I wish all the candidates the best of luck and hope the panel can find a D23 International winner!

CONTACT DETAILS HAVE CHANGED

My email address and mobile number is the same as in the D23 Directory

Email— michael.metzger@bigpond.com
Mob— 0438 658 738

My home phone and postal address contact have changed.

PH— 02 6027 1484

Address— JOANNE METZGER
DISTRICT 23 YWPA CHAIRMAN
ZONTA INTERNATIONAL
C/O YACKANDANDAH POST OFFICE
YACKANDANDAH 3749 VIC.

D23 Bylaws

Jasmine Koch Bylaws Chair

The District 23 Bylaws Committee comprises Jasmine Koch (Melbourne on Yarra), Anne Westley (Adelaide Flinders) and Jo Wittorff (Bunbury). After the 2014 Convention we highlighted the impact of changes to the ZI Bylaws and ZI Rules of Procedure on D23 Rules of Procedure and D23 Constitution for discussion by Governor Erica and the board at their first board meeting.

In January, club presidents received a copy of the ZI Governing Documents which reflect the changes adopted at the 2014 Convention. The Governing Documents are also available to all members on the [ZI website](#) and can be downloaded.

We would like to remind all members that the D23 Bylaws Committee is the vehicle by which clubs can propose changes to the organisation at International level. The process starts with you. If you would like to see a change made to the international bylaws, please discuss it with your club members. Make some decisions and pass it as a motion in your club then submit the proposed changes to the D23 Bylaws Committee by **1st May 2015**.

The proposed changes will be presented at the District Conference in October 2015 and if passed there, will be sent to the International Bylaws Committee for presentation at the 2016 International Convention in Nice.

Following this process helps protect Zonta from bylaws being changed on a whim.



Adelaide White Ribbon Breakfast 2014

Cintra Amon Co-Convenor, Adelaide White Ribbon Breakfast Committee

Numbers for this event, which is one of the premier events nationally, have been growing steadily since the inaugural Breakfast in 2008, to the extent that we had to move to the Adelaide Convention Centre this year.

Once again it was great to see many Zontians from several clubs attend the Breakfast, which was officially opened by the new Governor of South Australia, the Hon Hieu Van Le and Mrs Le, and attended by many VIPs and guests from across government, sporting and other organisations, as well as the corporate sector and political arena.

Hundreds of white ribbons for the event were handmade by Di Cooper (Adelaide Flinders) and her colleagues from the Elizabeth Community Corrections, and provided to all guests. Our "Zonta Says No" banner was prominent on the stage and there were many information booths in the

hall, including from Zonta Area 2 and the Birthing Kit Foundation. Also ZC Adelaide's "Walk in My Shoes" travelling exhibition was on display in the foyer.

The Breakfast was compered by local media identities and our Guest Speaker was Lt General David Morrison, Chief of Australian Army. He is well-known for his three minute speech on [YouTube](#), watched by one and a half million viewers, when he gave his soldiers a directive to leave the forces if they did not accept that women had to be respected and treated as equals, saying "if that does not suit you, then get out!" Exactly a year later he shared the stage in London last year with British Foreign Secretary, William Hague and Angelina Jolie, UN Special Envoy at the Global Summit to end Sexual Violence in Conflict.

As anticipated, Lt General Morrison

gave an extremely powerful presentation which received accolades from the fabulous crowd of more than 700, and stayed on stage to induct new SA White Ribbon Ambassadors. He attracted strong local and national coverage before, during and after the event from television, radio and print media, which did much to spread the White Ribbon Campaign message "never to commit, excuse or remain silent about violence against women".

Di Cooper and I represent Zonta on the Breakfast Committee, which is also comprised of members from BPW International, National Council of Women SA, Soroptimist International, Coalition of Men Supporting Non-Violence and White Ribbon Ambassadors. We were all thrilled with the success of our 2014 event and are already planning for 2015.

D23 Nominating Committee

Sandra Burns Chairman

Your D23 Nominating Committee will shortly be seeking qualified members to nominate for positions on the 2016-2018 D23 Board and Nominating Committee.

We would encourage members, who have experience in Zonta, to take up a higher level of office, or to identify those who have leadership potential. Please contact our nominating committee if you are thinking about nominating for a position or have identified other potential candidates.

The District 23 Nominating Committee are; Sandra Burns

(Chairman), Jane Smith and Christine Fitzherbert. Our contact details are set out in the D23 Directory.

Prior to the Area Workshops we will send out more information to Area Directors and Clubs, including nomination forms, guidelines and submission deadlines with a view to compiling a slate of candidates for presentation at the D23 Conference in Adelaide in October 2015.

Zonta is keen to grow, support and further develop your leadership skills. You never know what you are capable of until you give it go.

Advocacy

Naomi Reschke Advocacy Chair

Zonta advocacy aims to influence the making and implementation of laws as well as general attitudes and behaviours. Zonta seeks to take fact based actions, to highlight causes of problems and to present solutions with proven results.

Planning For Action.

Clubs in D23 are actively involved in developing projects for 2015 which involve advocacy and service to address issues for women. **Two Important tools** on the ZI website are excellent for planning.



The Zonta International Advocacy Service Scorecard is a useful tool to help club members to focus on activities which address the **Objects of Zonta International**.

Link your plans with the CEDAW ARTICLES 1-16 outlined in detail on the ZI website under tools for advocacy. A great help to direct activities and projects which make a real difference to women. In your plans describe the **Advocacy Aspect** and the **Service Aspect** and the link to the **Objects of ZI**.

For example

The 'Walk in My Shoes Project' - ZC of Adelaide.

Description: The ZC of Adelaide provides financial and practical support to women who have experienced Domestic Violence. The project aligns to ZI objects, 'to improve the status of women and promote respect for human rights'

Links with the **ZISVAV** programme to develop strategies which are to reduce the incidence of violence against women and girls by changing personal and political knowledge attitudes and

behaviours and links with CEDAW articles on health, education, legal and economic aspects.

Advocacy Aspects: includes raising community awareness and understanding the issues around Domestic Violence. Improves the personal status and confidence of women who have had the courage to take action. Gives a voice to women who have had experienced Domestic Violence and provides them with the opportunity to advocate for other women.

Service Aspects: works directly with women who have experienced Domestic Violence. Disseminates a booklet of stories to community.

Z Club & Golden Z Club

Judy Rothe D23 Z Club and Golden Z Club Coordinator

A GOOD NEWS STORY:

After interviewing two year eleven Z Club members from the Kyneton Secondary College I realised how important Z Clubs are to the District!

Immediate past president Ebony Kriewaldt and past vice president Leah Short gave me an insight to their wonderful work with 15 members at the Kyneton Secondary College. I asked:

Why did you join?

I didn't have to search for a cause: I was invited to attend a Z Club meeting by other girls.

What do you enjoy?

Meeting new friends, helping others and it doesn't take a lot to be involved. There is flexibility to fit in with school commitments by meeting once a fortnight at lunchtime.

What would you suggest to encourage other College students to start a Z Club?

- To have someone from the Zonta club who is keen and a teacher at School along with some students who are willing.
- Take it slowly and you get better with time.
- Start at the beginning of the year to form your club.
- Having a mix of older and younger students in the club is a good idea.
- You need a motive for example: to help women and girls.
- It makes you feel grateful and start to think about what you can do to help others.
- *It makes you feel good.*

What do you envisage your club will be doing in 12 months time?

We are hoping to gain more equally enthusiastic members from years 8-11

as our club has 15 members now perhaps we can encourage 20-25 by the end of the year. More frequent projects and fundraising.

The Z Club projects include:

1. Wrist bands and 'Out of uniform day' funded our hand made white ribbons to distribute to students and teachers.
2. 'Days for girls' washable feminine hygiene kits. See college newspaper article for more information.
3. Working with the ZC of Kyneton to assemble birthing kits.
4. Learning to sew at breast cushion working bees.

Members of the Z Club of the Kyneton Secondary College have been invited to speak at the Area 1 & 4 Meeting on 21 March 2015

**** Watch this space for the Golden Z Club good news story in the next edition.**



Making packs for 'Days for Girls' with sewing machines looked on by Marion Orr and Dot Bartholomew ZC Kyneton Advocacy Chairman



Making white ribbons for 'Violence against Women' white ribbon day.



Making birthing kits 400 in 2 hours with 6 Students Marion Orr ZC Kyneton Zontian/mentor (on right) and teacher Katie Mathews-Tough (on left)

'Days for girls' article written by Z Club student for the Kyneton Secondary College Newspaper

'Many young women around the world are not able to access clean, sanitary items. These young girls face days of isolation, missing out on school and work, resulting in a lack of income and education. Studies have shown that girls, who have good sanitary hygiene, feel more confident and are more likely to graduate. Young girls in impoverished communities typically use leaves, mattress stuffing, newspaper or even rocks during this time.'

'Days for Girls' was created to help young girls by supplying them with feminine hygiene kits and is run solely by devoted volunteers. Within the sanitary kits are items that will last one of these young women up to three years. The kits contain: 1 pair of panties, 1 washcloth, a travel sized soap, moisture barrier shields, 1 drawstring bag, a gallon sized zip-lock bag, 8 absorbent tri-fold pads and 1 visual instruction sheet.'

'Days for Girls' have supplied sanitary kits to over sixty nations.

The Kyneton Z-Club felt compelled to assist these young women by taking part in the 'Days for Girls' project.

On the 5th of June we gladly devoted our time to compiling feminine hygiene kits to send to these girls. We are very thankful to members of the Zonta Club of Kyneton who donated materials and volunteered to help with the making of the sanitary kits. We are humbled that we were able to assist girls just like us to feel confident and be able to continue their education uninterrupted. Another sewing day is planned for early in term 3.

More information can be found at: <http://www.daysforgirls.org>

*Alyssa Starcevic
Kyneton Secondary College Z Club*



District 23 Conference
Grand Chancellor Hotel, Adelaide
Friday 16 to Sunday 18 October 2015



AMELIA EARHART EVENT at ZC OF BENDIGO

Anita Lowe Chair of Membership & Programs ZC of Bendigo

Our Club chose to acknowledge Amelia Earhart at our first meeting for 2015, on 3rd February, when we had a supper meeting at the business premises of one of our members, with the theme of Famous Women. Members were very creative in their representations of the women they had chosen, either in costume, a photo printed on t-shirt or a label/story on a lanyard. Our president, Kathryn Patarica, dressed authentically as Amelia and another member represented Maud Ferguson who, in 1929, was the first female member of the Bendigo Aero Club and the first female pilot in Bendigo and rural Victoria. Other Australian women represented included Edith Cowan,

Tilly Aston, Rosie Batty, Sr.Elizabeth Kenny, Caroline Chisholm, Julia Gillard, Florence Broadhurst, Joan Kirner and Nancy Wake. Other representations were of Joan of Arc, Golda Meir, Jane Goodall, Rosa Parks, Frida Kahlo, Jane Austen, Mother Teresa, Florence Nightingale, Suzie Quatro, Desiré Wilson, Nana Mouskouri and Michelle Obama. Members were given the opportunity to say who they were representing and the evening inspired some new knowledge of the diverse women.

Prior to our meeting, there was a working bee, organised by the Service & Advocacy Committee, where members helped to put together items

for the toiletry bags, made by one of our members, that our Club provides to the Centre for Non-Violence, the Women's Refuge and Haven Home - Safe here in Bendigo.

Although there were the usual business matters to be discussed, there was plenty of time for fun and fellowship, both during the working bee and the more formal part of the evening and this event proved to be a good beginning to a new year of work for our Club.

The money paid by members on the night will be forwarded to the [ZIF Amelia Earhart Fellowship Fund](#).



Caroline Chisholm
& Joan Kimer



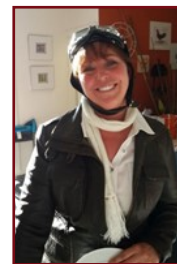
Suzie Quatro



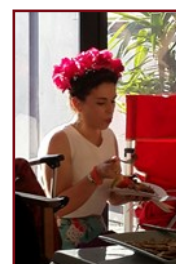
Nancy Wake &
Desiré Wilson



Edith Cowan



Kathryn Patarica
as Amelia



Frida Kahlo

Zonta Wangaratta IWD YEAR 11 Girls Career Breakfast Wins Major Local Award

Article forwarded by Diane Ash ZC of Wangaratta Secretary

This Australia Day, ZC Wangaratta was awarded the "Community Event of the Year" for their IWD Year 11 Girls Career Breakfast.

This event has been held annually for nine years. All year 11 girls are invited to attend from Wangaratta, Benalla, Beechworth and Rutherglen schools. Up to 100 students attend and hear three keynote speakers, all of whom have been educated in one of the attending school speak about their careers.

The speakers are inspirational and enthuse the students at the start of their VCE. They speak briefly about pitfalls they have encountered and how they have overcome them and give hints about how to succeed. Perseverance is often the theme

The students are seated at tables with mentors in their chosen career and hear about the "job" first hand. Often work experience or other mentoring occurs after the event.

Over the years we have had speakers with careers in some unusual occupations such as road making, horse racing, visual merchandising to name a few as well as lawyers, teachers, several trades, marketing, journalism and chiropractic.

This event has many spin offs:

- It is on a scale that individual schools cannot offer
- It showcases the myriad of careers available in Wangaratta and surrounding areas
- We hope it encourages students to return to the NE after further study



International Women's Day



Next **Newsflash** issue out in **JUNE**

Articles due by 15th MAY

Email reports and articles to editor: hmalanczak@gmail.com