

NewsFlash

JONE 2017



FROM THE GOVERNOR

Judy Gorton

March, April and May have all been busy months with lots of exciting activities happening around the District.

The District 23 Board received a very warm welcome from our Tasmanian Zontians when we met in Hobart at the beginning of March for our 2nd meeting

of the Biennium. Area 5 Director Christine Hepburn and members of the Zonta Club of Hobart Derwent and Hobart provided home hosting, wonderful catering and we were welcomed to the delightful home of Odile Glenn for a casual dinner to meet Zontians who had travelled from across Tasmania.

Whilst in Hobart, I was delighted to present the Charter and induct new Z Club members to the Z Club of Kingston High School and to meet with the leaders of the Z Club of Ogilvie High School. I am confident that these young women will be outstanding future leaders and carry the name of Zonta for some years to come.

Margaret Bird, Julie Wiltshire, Betty Reeve and members of the Zonta Club of Hobart Derwent are to be congratulated for their ongoing mentoring of these new Clubs and I am hopeful they will continue this great work in the future.

In April, I was invited to Kilmore to induct the Board for the newly chartered Zonta Club of Mitchell.

The gala dinner was attended by Zontians from many of the Victorian Clubs as well as local dignitaries and members of Parliament. It was a wonderful celebration and the culmination of many hours of work and travel for members of the Zonta Club of Kyneton who sponsored the new Club, in particular, Ronda Walker, Judy Rothe and Annamarie Perlesz.

Whilst in Melbourne, I travelled to Geelong to meet with members of the District Conference committee. Planning is now well underway and the Conference promises to be a great mix of business, fun and Our Conference key note speaker Dr Luc Mulimbalimba Masururu whom I had the pleasure of meeting during a recent trip to Perth, will showcase the work being done at the Luvungi MHCD Hospital in the DR Congo with the Birthing Kit Foundation.

A reminder to all Zontians to book flights and hotel accommodation for the District 23 Conference in Geelong on 1-3 September 2017. An incentive of 20% discount on the early bird registration is being offered to first timers to attend the District Conference and this applies to any

Continued ... page 2 ...

KEY DATES

2017

JUNE 20 D23 PR & MARKETING **AWARDS CLOSE**

JUNE 30 HEIDE TAYLOR HONOUR **ROLL NOMINATIONS CLOSE**

JULY 28 D23 SERVICE & ADVOCACY A WARDS CLOSE

AUG 13 NewsFlash ITEMS DUE

SEPT 1-3 DISTRICT 23 CONFERENCE, **GEELONG**

8 VON ZI 98TH BIRTHDAY—FOUND ERS' DAY

NOV 12 NewsFlash items due

2018

JUNE 27- JULY 3 ZI CONVENTION. YOKOHAMA, JAPAN

DISTRICT 23 BOARD

JUDY GORTON GOVERNOR

LT GOVERNOR JANE ADORNETTO

SECRETARY FAITH O'BRIEN

TRISH MCLEAN

TREASURER

ZI LIAISON **UTE SCHOLZ**

AREA 1 DIR JASMINE KOCH

AREA 2 DIR PRU BLACKWELL

VICE AREA 2 DIR LEANN SYMONDS

AREA 3 DIR Jo WITTORFF

AREA 4 DIR LYN SYMONS

AREA 5 DIR **CHRISTINE**

HEPBURN

SEPTEMBER NEWSFLASH

DEADLINE, AUGUST 13—ITEMS TO NEWSFLASH EDITOR—NAN BERRETT

NANBERRETT@BIGPOND.COM

From the Governor—Continued from page 1...

Zontian attending for the first time irrespective of how long they have been a member of a Club. For further details, please refer to the 2nd District Conference Newsletter.

In recent weeks, I have been privileged to have met many Zontians from Areas 1, 2, 3 and 4 whilst attending Workshops organised by the respective Area Directors and sponsored by the host Clubs in those Areas. I will visit Tasmania at the end of May for the Area 5 Workshop. Each workshop has been unique in reflecting the talents of the members and showcasing the work undertaken by the local Clubs. I am amazed at the commitment of members and of their willingness to participate in both Club and District projects and to raise much needed funds for a variety of different causes advancing the status of women through service and advocacy.

I am also grateful for the work of our District Chairpersons and it has been pleasing for me to listen to them at the Area Workshops reporting on their current projects and on their plans for the rest of the Biennium.

A lot of work goes into the nominations for our Awards and I thank those Clubs who submitted an entry to the Young Women in Public Affairs Awards. These Awards have now closed and the District judging is complete. The winner cannot be announced until the International judging has taken place and Governors have been notified of the outcome.

A number of District Awards will close off nominations at the end of June—PR and Marketing, 20 June, District 23 Governors Award—the Heide Taylor Honour Roll closes 30 June and the District 23 Service and Advocacy Award 28 July.



MEMBERSHIP MATTERS—Lt Governor Jane Adornetto

Zonta International have recently launched Global Membership Drive (GMD). The program runs from launch until May 2018.

There are a fantastic array of tools for this program on the ZI website - after login found under "tools", then "membership tools". Some items to look out for include:

- What is Zonta? Suggested elevator speech
- Social media took kit ready-made posts for Facebook, Instagram, Twitter etc.
- New member induction form check off list of information to provide to new members
- Bookmarks, postcards and much, much more.

There are also tools available to assist clubs with membership retention. I believe this is our greatest challenge. In general, we don't appear to have too much trouble attracting new members. Keeping them for the longer term seems to be the problem.

What can we do to change the culture in our clubs? Problems need to be discussed openly, with respect to all who contribute to the discussion. It's only when we listen to each other, treat each other with respect, and remember we are ALL volunteers, that positive change can occur. I urge all Zontians to please become instigators of change. We all want the same thing. Happy, engaged members who are willing to continue to fulfil our mission of empowering women through service and advocacy.









AREA 3-WESTERN AUSTRALIA -Jo Wittorff

Celebrate when members leave!

I know you'll be thinking, 'What? This must be a mistake. Our current global membership drive encourages us to recruit members,

not send them off!'

However, from time to time, all clubs lose members for a variety of reasons and we often feel a sense of failure. But instead of feeling sorry for ourselves, how would it be if we turned the exiting member's last meeting into a party, took the opportunity to acknowledge her service to Zonta and celebrate her time as a club member? Be creative, have fun!

Every member has contributed in some way, be it serving as a club officer, committee chairman, newsletter editor, coordinating a project or fundraising event, offering her home as a meeting place, assembling birthing kits, introducing new members... the list goes on. It's not hard to look up how a person has contributed. It will also give newer members an insight into just what the member has done for the club.

Testimonials, anecdotes that stand out, a skit etc by fellow club members would add value to the acknowledgements. Such an event will create a 'warm' feeling within the club and



any guests attending on the night will go away with the knowledge that we really do care about and appreciate our members.

Don't forget to ask the exiting member if she can be kept on the club's mailing list to receive invitations to events and special meetings. And you know what? If a newbie comes to town and asks the former member if she can recommend any service organisations that would be worthwhile joining, do you think she might give Zonta the 'thumbs up'?

AREA 3 WORKSHOP—Jo Wittorff

From the feedback received, Area 3 Zontians who attended the workshop in March learnt much and thoroughly enjoyed the Club sharing and presentations by district personnel.

My thanks to the host club, the Zonta Club of Swan Hills, for their organisation and superb morning tea and to all the Zonta members who had an input on the day, particularly ZI Nominating Committee Vice Chairman, District Nominating Committee Chairman and Parliamentarian Ann Horrocks who travelled to the West especially to be with us.

The star of the day was guest speaker, 11-year-old Bella Burgemeister, from Bunbury. Bella attends Child Side School in Boyanup. When she heard about the UN's 17 Global Goals for Sustainable Development she decided to write a book, 'Bella's Challenge,' that kids could understand and be challenged to act. She is a great advocate for Goal 5: Gender Equality.

Bella worked on her book as a school project with Kate Heaslip (founder of Book Incubator) and her book was published last year. Although it is a children's book, it is inspiring and thought provoking for adults too. Read more about Bella and her book via this link: https://thewest.com.au/news/south-western-times/bellas-book-for-change-becomes-reality-ng-b88370114z







The year is flying by!
April and May have
been busy months with
the Area Meeting,
AGMs, Annual Reports

and Board Changeovers. I had great pleasure in attending club meetings to induct new club boards and new members. I also enjoyed attending the Zonta Club of Mitchell Charter Dinner.

The Annual Reports were of a very high quality, professionally presented and written, showcasing how productive and dedicated each club is and how rewarding our role as Zontians can be. Congratulations to all clubs on increasing awareness of Zonta AND all your achievements in the past year.

All Area 1 clubs have been very focussed on aligning club goals with D23 and ZI biennium goals and spent time in January/early February doing annual and strategic planning.

The 8th March is Zonta Rose Day and International Women's Day. This day was celebrated in a number of ways – presenting yellow roses to women in the local community in recognition of the work they do in the community; conducting Birthing Kit Assembly (BKA) nights; participating in the local council organised IWD walk round the lake wearing the orange 'Zonta Says No' t-shirts and attending IWD breakfasts organised by Rotary and Soroptomists.

ZC Melbourne on Yarra annually conducts a Birthing Kit Assembly (BKA) night as part of their celebration of International Women's Day attracting community interest and involvement. Several employees of the Metropolitan Fire Brigade (MFB) participate each year. This year the MFB decided to hold their own BKA afternoon with a request for a gold coin donation for participants, which was donated to Zonta.

This example has inspired the club to seek cooperation and involvement from other workplaces to support the work of Zonta.

Hands on service activities such as breast cushion sewing bees and birthing kit assembly nights continued with increasing community interest and involvement. ZC of Melbourne's East held an inaugural community BKA night and through flyers being placed in prominent community locations, it attracted 64 people and 1000 kits were packed. Potentially new members and additional resources!

Advocacy in Action - the ZC of Melbourne's West obtained a community grant from their local council, enabling the club to organise a **free** performance at a local community centre of "You the Man", a play and discussion about dating violence that addresses bystander intervention and prevention. The target audience was between 16 and 25 years of age.

It was well attended and a great success, plus free pizza was provided before the play.

So it's worth attending council grant writing seminars and keeping track of grants available.

The ZC of Melbourne's South East held a very successful Amelia Earhart brunch in January at Moorabbin Airport with two guest speakers from the Australian Women Pilots' Association spoke about their relay across Australia that raised funds for cancer research. Perhaps Zonta could be involved in some way for the next relay and raise awareness about Zonta.

The Area 1 & 4 Combined Meeting was held on 29th April with the theme of 'Empowering Ourselves, Empowering Others'. We had fabulous speakers and workshop sessions that provided the information we need as Zontians to be in a position to empower other women through service and advocacy. The optional dinner at a local tapas restaurant was a great way to finish the day!



AREA 2—SOUTH AUSTRALIA & NORTHERN TERRITORY —Pru Blackwell & Vice AD Leann Symonds



Zonta District 23 Area 2 Workshop, May 6 2017

In the company of some sixty five Zontians at the Cummins Town Hall, there was a great sense of vibrancy and willingness to participate in day's program. The workshop had been organized by a combination of members from both the Port Lincoln and Lower Eyre Zonta Clubs



Under the theme of "Belonging to Zonta" the workshop was opened by Jane Smith, who was the MC for the workshop, and who acknowledged the privilege

of having Governor Judy Gorton, immediate past Governor, Erica Mjaba and former Governor Jane Smith present. The workshop program opened with a passionate presentation from Vicki Welgraven, an

indigenous women originally from Port August and who now is a member of Para District Area Club.

Vicki talked about her extensive experience in advocating for improvement for indigenous women through work in The SA Premier's Womens' Council, advisor to local government for reconciliation events, Council of Australian Government's round table discussion on domestic violence and her recent invitation to attend the Com-

mission for the Status of Women March meeting in New York. Vicky's experience as a strong advocate represents issues of domestic violence, prison incarceration and children in foster care as the highest priorities for her people.

This was followed by a riveting presentation on Zonta meeting management by Pauline Glover, Noarlunga Southern Vales Club. Pauline and some of her audience "stooges' hammed up some challenging meeting behaviours which everyone easily identified with.

Pauline then gave us some simple yet effective actions to make meetings more professional and ultimately more attractive to incoming members.

The remainder of the morning focused on the business end of Zonta with news from the International and wider District, with a strong focus on the District's strategic plan and the linkages with Clubs, Area 2 topics of interest, Zonta International Foundation and the upcoming Awards programs. This was followed by the consummate interviewer Di McCallum from the Mt Barker who posed some "how do you operate?" questions to a panel of Zonta leaders.

After lunch there was a distinct change of direction lead by Ngahuia Trewartha, who introduced us to taking time to pause and listen to our breathe. Ngahuia is a leader in mindful breathing and strongly encouraged us all to pause more often in our busy and complex lives.

The workshop finished on emerging issues for Zonta

including the notion of a new District project on the theme of Zonta says No to Violence. Club members took time to brainstorm what they would need as a kit to realize such a project at their Club level.

There followed a D23 website refresher and then a final presentation by the Governor on membership and the range of new materials now available from the Zonta International website.



But the value of the day was as much about people catching up with each other, the fabulous conversations over deliciously prepared food by local caterers, the stall shopping and the uniqueness of the meeting place so far from home for so many.

The workshop was followed by a dinner at Boston Bay Winery which was a fabulous way to celebrate the end of a great day with a dinner speaker whose life journeys on her motorbikes was an inspiration to us all.



AREA 4—WESTERN & NORTHERN VICTORIA—Lyn Symons

The months of April and May mark the time for annual general meetings and election of office bearers. This is a time for each club to reflect on what it has collectively achieved over the previous 12 months and what they aim to achieve

over the next 12.

What have the Area 4 clubs been doing that may differ from other areas?

ZC of Central Goldfields fundraised by catering for the wedding of one of their members.

ZC of Ballarat has a Honour Roll of Ballarat's Great Women whereby they champion the roles and achievements of their home-grown talent.

ZC of Melton will be celebrating their 20th anniversary with a high tea at Eynesbury homestead

ZC of Bendigo has initiated an award for a Grade 6 girl for the Science and Discovery Centre, Bendigo. (In line with encouraging girls in the STEM areas)

ZC of Albury Wodonga have, in conjunction with the indigenous community and health services, sponsored the printing of two purse size information cards aimed at assisting women at risk of domestic violence.

ZC of Geelong is challenging our trivia knowledge to raise money for purchasing birthing kits.

ZC of Kyneton blitz the International Womens Day events by capturing high profile speakers and having a waiting list for attendees.

ZC of Mitchell seem to have their first fundraiser covered; look for their boiled lollies in Zonta colours and with the letter Z at the conference.

And I'm off to ZC of Wangaratta this week to find out what point of difference they have adopted in

District 23 Conference Save the Date!

their patch.



Geelong, Victoria **1-3 September 2017**

CONFERENCE ACCOMMODATION

The Conference will be held at Rydges Hotel, Corner of Gheringhap and Myers Streets, Gee-

Accommodation can be booked directly through the hotel or online **HERE**.

APPLICATIONS CLOSE JULY 1 Jane M Klausman

Women in Business Scholarship

District Applications

JMK Selection Committee District Chair Wendy Quinn

Wendy@wjquinnconsulting.com

The application form and selection criteria can be found on the Zonta International Website under Scholarships/JMK resources. https:// membership.zonta.org/Tools/Award-Scholarship-**Fellowship-Tools**

NEW MEMBER CERTIFICATES

If you would like a District 23 certificate for new members, please email me at

janeadornetto@gmail.com,

with the following details:

Name of new member

Name of club **Date of induction**

Certificates can be mailed, or emailed (preferred method).

HONORARY MEMBERS OF DISTRICT 23 & CLUBS

District Governors were recently asked by ZI President Sonja, if our respective Districts acknowledge Honorary Zontians.

Whilst District 23 currently does not recognise any Honorary members, I am aware that several clubs have recently requested information regarding the criteria for Clubs wishing to accept an Honorary member.

It is indeed an option for Clubs to recognise a person who has distinguished themselves in service in some way and the position is covered under Bylaws Article XIV Section 2 (a) and (d). "An Honorary member shall be entitled to all membership privileges of the Club except those holding an elective office, making motions and voting, or representing the Club as a delegate or alternate."

The Club shall assume the obligation for payment of Zonta International and District dues on behalf of the honorary member. The Club Board will determine the specific tenure of the Honorary member.

There is also provision on the Membership Report, form B for payment by Clubs of an Honorary member.

Please contact me if you require further clarification. Judy Gorton D23 Governor.



UNITED NATIONS REPORT—Kay Stewart, D23 UN

Holding Category I (General Consultative Status) with the UN Economic and Social Council (ECOSOC) entitles Zonta International to send representatives to meetings under the ECOSOC umbrella. The most recent of these was the 61st Session of the Commission on the Status of Women (CSW), 13-24 March 2017: 'Women's economic empowerment in the changing world of work'.

Zonta International presented the following (abridged) statement to participants for consideration in deliberations on women's economic empowerment. (Full statement at https://www.zonta.org/Global-Impact/Advocacy/CSW/ZontiansatCSW Click on 'Zonta International's Statement to CSW61' under 'Documents' at the right side.

'Zonta International calls on the United Nations and its Member States to find effective short term and long term methods to ensure women's economic empowerment by providing:

- Equal access to quality education at all levels
- Equal access to the work place
- Guarantee of appropriate and equal remuneration for work
- Promotion of shared responsibility for unpaid work and provision of social services and protection policies in the same area
- Equal access to banking and financial services
- Ensuring women's rights to property, land and inheritance
- Women's access to decision making positions in political, economic and public life
- Gender neutral laws

Gender differences in laws affect both developing and developed economies, and women in all regions. Laws that restrict the types of jobs that women can do or that allow husbands to object to their wives working are not acceptable.

Equality and empowerment of women are global issues. Women's rights are human rights and a prerequisite for poverty eradication and for a positive sustainable development.

Women's economic empowerment is fundamental to create profitability in the economy as a whole and promote social justice and equal opportunities.'

www.zontadistrict23.org.au *Newsflash*



Zonta Club of Mitchell Charter

NOMINATIONS OPEN FOR GOVERNOR'S AWARD

Nominations are sought for the biennial Governor's Award for extraordinary Zontians to be considered for the Heide Taylor Honour Roll, for announcement at the D23 Conference in Geelong in September this year.

The judging panel will be seeking nominees who have personified the ideals of Zonta.

Typically, but not exclusively, the nominee would not have held a District position, but may have held leadership positions within their own club. This award is not specifically linked to length of service, but instead focuses on the quality of the member's ongoing contribution to Zonta and their provision of inspiration to other members through their service to Zonta and the community

Guidelines and Nomination Forms have been sent to clubs, but are able to be downloaded from the D23 website—https://www.zontadistrict23.org.au/what-we-do/awards/heide-taylor-honour-roll/

Closing date for nominations is Friday 30 June 2017 and should be emailed to me at cintraamos@bigpond.com to reach me no later than COB on that date.

- Cintra Amos

YOUNG WOMEN IN PUBLIC AFFAIRS AWARD

District 23 winner and International winners to be announced soon

Many thanks to those clubs who submitted entries for the 2017 Young Women in Public Affairs Award. Ten clubs from District 23 participated. In total there were 33 applications made by young women to those 10 clubs. The judging committee has met and considered all submissions and the District nomination for this award has been sent to Zonta International. We eagerly await the announcement of District and International winners in early July. This information will be forwarded to all clubs at that time. The judging committee enjoyed very much reading and considering the submissions – selecting one winner was not an easy task!

Looking forward to the 2018 Award – all materials will be published on the ZI website at the beginning of August. Many clubs who regularly submit entries find it helpful to begin the process of seeking candidates in the second half of the year. The due date of 1st April for submissions to be received by District 23 poses some challenges for clubs in Australia as it allows a relatively short time frame after schools return at the end of January/early February.

I encourage all clubs to begin thinking about the 2018 YWPA Award and identifying worthy young women in their communities. There must be many more than the 33 who submitted entries to clubs this year!

For further information or assistance please contact me.

Sue Lear

Chairman Young Women in Public Affairs Award

ADVOCACY UPDATE — Naomic Reshke, Advocacy Chairman

ACTIONING ADVOCACY. CELEBRATING THE ADVOCACY FOCUS IN AREA 3

At the Area 3 workshop with Jo Wittoff Club members were engaged in an interactive Group Advocacy session led by Jane Moulden.

Members discussed the various definitions of advocacy and, in particular, support for causes which impact on the lives of women. Clubs discussed the importance of raising issues and taking a proactive position on issues.

A number of clubs presented case studies as follows:

Tyril Houghton, Bunbury: Wrote to the Attorney Generals at State and Federal levels re the need to change the legislation so that state records of DV perpetrators follows the perpetrators to whichever state they reoffend against a victim who moves interstate. The advocacy process was inspired by listening to Rosie Batty.

Jean Wyder, Perth Northern Suburbs wrote to WA Parliament in early 2000's re supporting the need for legislation outlawing FGM.

Perth Club: In conjunction with Ishar ,supported legislation for women on spousal 457 Visas who have no legal rights, especially in the areas of reporting DV.

Perth Club: Advocated on behalf of juvenile offenders who have been placed at Karnet adult facility.

The workshop members also stated that clubs actioned advocacy through awareness-raising of issues via fundraising, service, awards, and education, links

with the UN, and being informed about CSW and Australian Equality Rights Alliance agenda.

Walk in my shoes was considered to be a good example of an Area advocacy project.

The Area 3 report for the Walk in My Shoes project is available from Area 3 **Director Jo Wittoff.**

Tyril Houghton has provided lots of examples from the Zonta club of Bunbury

regarding actions in advocacy.

1. Walk in My Shoes Project

Using artwork from this project, extra posters reinforcing the 'ZONTA Says NO' message were purchased to use in the White Ribbon Day displays increasing the visual impact.

2. Advocating for Legislative Change and **Tracking Perpetrators of Domestic Violence**

The focus of the advocacy was on the data on perpetrators of Domestic Violence. Previously this data was only available on a State-by-State basis and not linked nationally to track perpetrators as they move interstate.

Rosie Batty, Australian of the Year, highlighted this as one method of providing more information on perpetrators as well as preventing victims having to keep repeating the identification process each time they try to escape violence by moving interstate.

Previous Attorney General of WA, Michael Mischin, took this issue to COAG to ultimately have the data systems linked, thus assisting to achieve the desired outcome.

For more information on National initiatives, here is a link to the COAG paper on national changes to address Domestic Violence agreed at a meeting held 23 July 2015.

http://www.dpmc.gov.au/taskforces/reducing-violence -women

3. Advocating to Reduce Homelessness for **Victims of Domestic Violence**

This is the current focus of the Advocacy Committee.

Once again, letters will be drafted, submitted to the Board and membership prior to sending to the relevant Ministers involved in this complex issue, at both State

Lack of available public housing and the impact on victims of Domestic Violence often results in women and children living in cars as they have nowhere else

and Federal level. to go.



Continued next page

4. Zonta Says no to Domestic Violence

a) White Ribbon Day

Three posters for White Ribbon Day highlighted the plight of women suffering Domestic Violence at our displays at Bunbury Forum and Bridgetown

Our ribbon makers included 15-17 year old students who were disengaged from school and attending the Jobs South West Training general education course as well as people living at the Ocean Star Nursing Home. This demonstrates our club involving community members in this valuable program.

Many of the ribbon recipients spoke to the Zonta members about their experiences of domestic violence, either as direct family or friends of people who had been victims. There was lots of positive feedback about the need to talk openly about Domestic Violence and that it should not be a stigma to seek help.

In Bunbury, \$401 was donated, including one \$50 donation. Members Ingrid Hilario and Josephine Spaull advocated in Bridgetown, raising \$156, making a total of \$571 for the club.

Once again Lee Mead coordinated the Bunbury day. Both venues displayed posters organised by Tyril Houghton, using the same design as our Walk in My Shoes campaign, stating that Zonta Says NO to Domestic Violence. Many Zontians, in their communications with both men and women noted a heightened awareness in the public of the need for prevention of Domestic Violence. In particular, a number of brothers or fathers, of abused women, stated the need for this to be a focus of public policy.

b) Waratah's "It's No Secret, National Conference on Domestic Violence

Karen Mazzella, on Friday, 25th November, 2016 staffed a display of our club at Waratah's "It's No Secret", National Conference on Domestic Violence. Attending as one of 200 delegates, Karen joined with others to advocate to reduce the impact of Domestic Violence, gaining knowledge of the support services available. This raised our profile within the community and brought vital up to the minute information back to our club. Amanda Whittle was at our stand during lunchtime on 24th November. Thank you both.

c) Poems on Domestic Violence

The following poem is one of many that members read at our 2016 November meeting. It reinforces the crisis for women and children who have nowhere to go to escape the physical, sexual, emotional and psy-

chological abuse they suffer at the hands of an intimate partner or parent.

@Cere Garcia

Years have passed; I continue to grow.
Yet I hold a secret not many seem to know.
The pain and hurt is still all too real in my mind.
You did bad things that weren't kind.

I loved you, I trusted you, and you put me in fear.
The way you touched me was hard to bear.
You were strong and I was weak.
Why was I so afraid to speak?

Your rough hands inside my clothes. A dreaded secret no one knows. I tried to tell, but it was called a bluff. Why would I lie about that stuff?

I've had no choice but to forgive.
Because in my house you still live.
A memory that continues to rot.
Did you think I forgot?

d) Abuse is About Power and Control

At the Bunbury clubs November meeting guest speaker, Paula Honeykats, Waratah Family and Domestic Violence Crisis Response Officer, enlightened our members about the extent of the impact of power and control on women and children affected by Domestic Violence. She emphasised that ABUSE IS ABOUT POWER AND CONTROL and explained why women find it hard to leave an abusive relationship and how Waratah can help.

Abuse is about power and control. In the cycle of violence, knowledge is power. Paula pointed out the difference between anger and abuse. Domestic Violence is when he gets angry at HER or her CHIL-DREN. That often provides the catalyst to leave. However, where can she go?

Domestic violence erodes a person's confidence due to emotional control. There is a need to learn equality and respectful relationships and this needs training especially for those who have been in these abusive relationships. The programs in Victoria were highlighted as making a real change for victims.

Waratah provides a fresh start.

The main issues- Are you safe at home? Do you have a safety plan? Can you get immediate accommodation for yourself and your children? These are the

Continued on the next page

ways the Waratah Support services can help those suffering Domestic Violence.

Respect Stickers - Toilet Door signage.

Brunswich Resort Centre now has signs on the back of every toilet door. Discussions with Shire Presidents are continuing to find out the best way of moving forward with this project which is anticipated to take some time to implement.

Domestic Violence Leave Rejected

Members were informed that a proposal to have up to ten days of Domestic Violence leave, as discussed at a recent COAG meeting has not been approved by the Federal Government. This is an ongoing issue for many women affect by custody battles requiring

court appearances and will be a future focus for our committee.

International Women's Day

The following link provides interesting information about the need to engage young males in the issues affecting women and girls so that the future is brighter for all. Each young male was asked

to reflect on issues affecting the important women and girls in their lives.

IInternational Women's Day: Sydney Boys High School's powerful feminist video

http://www.news.com.au/lifestyle/real-life/true-stories/sydney-boys-high-school-students-film-powerful-video-about-feminism-for-international-womens-day/news-story/5145875af4509e307025ab3194cb0215

Also included in this link is a short video at the bottom with a series of brilliant women who have achieved the status of being 'first' to achieve a particular role within Australian society.

What an achievement Zonta Clubs in Area 3.



GUIDELINES FOR INAUGURAL

DISTRICT 23 SERVICE & ADVOCACY PROJECT AWARD

A new Award has been developed for clubs in District 23, that will be presented at the District 23 Conference at Geelong in September 2017.

<u>Projects nominated should contain aspects of both Service and Advocacy.</u>

Projects should focus on local projects that empower women and girls to achieve equal

rights and secure their access to all legal, political, economic, educational, health and

professional resources; AND/OR local projects that focus on the prevention of violence

against women and girls.

One entry only per club.

Please include:

- 1. Name of Club
- 2. Name of Project
- 3. In no more than 500 words, a description of the club's service and advocacy work or

activity, how its achievements or activities benefited

the women and/or girls in the

community, and what visibility it gave to Zonta.

4. One digital high-resolution image (at least 300 dpi) photo of the project may be

included.

- 5. Please include your club logo.
- 6. Entries should be presented in PowerPoint® or PDF format and signed by the club president.

Closing Date: Friday, 28 July 2017.

Please email copies of your entry to both: Naomi Reschke, District 23 Advocacy Chairman - naomireschke@bigpond.com, and

Cintra Amos, District 23 Service Chairman - cintramos@bigpond.com

Based on the entries received, the judges may make up to three Awards.

Contact for queries: as above.

PUBLIC RELATIONS & COMMUNICATIONS —Jane Smith, Chairman

Our **brand identity** is a daily reminder of who we are as an organisation. It is the face of our organisation and represents our values, services, ideas and *personality*. It gives us credibility and professionalism and can generate loyalty from members and encourage potential members.

I recently attended the Area 2 Workshop in Cummins and was pleased to see the powerpoint presentations had all followed the Zonta International branding Guidelines. The ZI Branding Guidelines and templates for powerpoint presentations are on the Zonta International website https://membership.zonta.org/Tools/PR-Tools-Logos Members will need to log in to access this link.

Members should have received an email from Zonta In-

ternational requiring them create a new password before logging into www.zonta.org Click on http://membership.zonta.org/Reset-Your-Password where you can enter your email address to receive an email with a secure link to reset your password. Both the D23 and ZI website are being regularly updated.

A reminder that **D23 PR and Communication Awards** will be presented at the D23 Conference in Geelong in September. Entries close on 30 June. Guidelines and entry forms are on the D23 website on the Conference page. Before filling in or converting to a Word document the forms they will need to be downloaded from the website to a computer. Please contact me if you need any help.

NOMINATING COMMITTEE

—Ann Horrocks, Chairman



Have you considered leadership positions at your club or within the district?

The district nominating committee thank all members who have nominated for a leadership position in District 23 in the coming biennium. The closing date is/was 3rd June however if you have just missed submitting an on time nomination please contact me.

The role of the District Nominating Committee is to also seek nominations for positions at <u>international level</u>. To nominate for an international director position, the qualification is at least **one year** as a Governor, Lt Governor or an Area Director. Many of our D23 members meet this qualification.

To nominate for an International Nominating Committee position, the qualification is to have served on the ZI Board, as a Governor or been a ZI Committee chairman.

If you require any further information about nominating, please contact one of the following:

Ann Horrocks (Chairman) A4 ZC Bendigo.

Email: horrocksbendigo@gmail.com **Belinda Jutzen** A2 ZC Lower Eyre.

Email: wiseonesbee@gmail.com

Margaret Lynch A4 ZC Kyneton.

Email: bjmmlynch@hotmail.co



District Governor Judy Gorton has announced a new committee made up of past Governors and other senior Zontians who have held leadership roles. This group—the 'D23 Centennial Anniversary Celebration Committee'—is comprised of the following members.

Margaret Rowland—Chairman (ZC of Adelaide Flinders)

Karen Groves (ZC of Perth)

Dawn Newman (ZC of Perth Northern Suburbs)

Naomi Reschke—D23 Chairman Advocacy (ZC of Gawler)

Julie Wiltshire (ZC of Hobart Derwent)

It will be the task of this Committee to work across the District to encourage clubs and enthuse all members to focus on events that will promote Zonta's centenary. As one of ZI's goals this biennium, the Anniversary will be a once-in-a-lifetime opportunity to

- □ Celebrate our successes and longevity.
- □ Increase Zonta's visibility.
- $\hfill \square$ Influence opinions and attitudes about women's issues.
- ☐ Enhance ZI's impact as leading advo-cates for issues affecting women and girls.

Districts around the world will be set-ting up similar committees, all working towards this common goal. Heading up the International Committee are—

Beryl McMillan OAM—Chairman

www.zontadistrict23.org.au Newsflash



Charter
of the Z
Club of
Kingston
High
School

Z & GOLDEN Z CLUBS—Judy Rothe,

Co-ordinator

Addressing the Area 1 & 4 Meeting/Workshop in regard to the Kyneton Secondary College Z Club gave me an opportunity to showcase a successful club in regard to what has worked for them in the last four and a half years since they chartered.

The D23 Z & Golden Z Club report given later in the day stated the Ogilvie High School Z Club with 38 members and the newly chartered Kingston High School Z Club with 18 members are moving forward with successful projects and fundraising.

Ogilvie High School Z Club provided a Forum for VAW inviting seven colleges with 10 students each. The OHS Z club girls addressed the forum and asked the question of each college:

Do you have awareness of violence against women in your college and what have you been doing and if so is it enough? Advising them to start planning as research shows ..

Three Schools showed interest in starting a Z Club and the Kingston High School has already chartered a Z Club since the forum.

BREAKING NEWS

I am please to inform the district that the ZC of Melton have decided to sponsor a Z Club at Melton Secondary College. Watch this space for the charter date and more information.

I am delighted with the decision of the district to supply all Z Club's with lectern banners.

The Kyneton Secondary College Z Club and the Ogilvie High School Z club have sent in their application to Zonta International for the Emma L Conlan Service Award this year 2017. D23 ZC of Perth's St. Catherine's College University Golden Z Club has been approached for consultation with a Victoria Zonta club for information regarding starting a Golden Z club in their state. As their club has been so successful it will be a positive step in the right direction.



CENTENNIAL ANNIVERSARY ENDOWMENT CAMPAIGN

EMPOWER

Here's good news! Individual gifts and pledges are starting to roll in, and we're receiving more questions about the Campaign. As I mentioned in the last issue of *Newsflash*, the aim of the Campaign is to raise awareness and action to

ENSURE that we can support our international education award

programs and service projects into the future, even if there is a

downturn in the global economy, or our membership numbers drop

ENHANCE our level of giving, and

ENRICH the lives of millions *more* women and girls worldwide

If you're going to Conference and would like to know more about the Campaign, there will be an opportunity to ask questions in a small group meeting ... not sure quite when, but it will be on the agenda. Please let me know if you'd like to join us, and we'll make sure to welcome you!

If you are not able to attend the Conference but would like more information, please contact me. My email address is vsarah@bigpond.net.au

It's a question of 'Giving NOW, for the Future'. Simple, really. Probably one of the most

Important steps we, as Zontians, will ev-

PIP Val Sarah, AM, DGSJ for the CAEC Committee

take.



DR LUC'S VISIT TO THE WEST—Acknowledgement to Dawn Newman, ZC Perth Northern

Suburbs for this information

Due to a delayed flight to Africa, Dr Luc Mulimbalimba Masururu was an unexpected visitor to the Zonta Club of Swan Hills' March club meeting. After receiving word from Julie Monis-Ivett, D23 Birthing Kit Coordinator from the Adelaide Hills Club, Zontians from Swan Hills took the opportunity to meet Dr Luc and swung into action to invite other Area 3 Zontians along to their meeting to hear him speak too.

Dr Luc, Director of MHCD (Mission in Health Care & Development), Democratic Republic of Congo, spoke about his country and the plight of his people who struggle every day with drought and hunger, no electricity or running water and living in tiny overcrowded huts. Our birthing kits are used extensively, which alleviates some of their health issues. In fact Dr Luc delivered his last child using one of our kits when his wife could not make it to the hospital, so he said he knows they work!

Zonta members in Area 3 donated clothes, shoes and other items that left WA in a seatainer in April. Sandra Burns from the Perth Club coordinated these donations and was overwhelmed by the support from Dr Luc at our from Zontians, who rallied around to bring much- District Conference.



ZC Perth President Sandra Burns with Dr Luc & Governor Judy

needed items to the Area Workshop. Many thanks to the ZC of Swan Hills, and Sandra and the ZC of Perth for acting so quickly to host Dr Luc and assist him to gather resources for his people. We look for-

ward to hearing more







(Above left) Swan Hills Zontians with Dr Luc at their March meeting.

(Above) Dr Luc with Swan Hills ZC President Barbara Goulden.

(Left) Sandra Burns, sorting clothes with a friend of Dr Luc.

AREA 5—TASMANIA—Christine Hepburn



The power of collaboration cannot be underestimated and this year it has been a focal point for Area 5

March saw the D23 Board meet in Hobart, where we were beautifully hosted by the then Zonta Club of

Hobart Derwent in collaboration with the Zonta Club of Hobart.

The Kingston High School Z Club Charter in late March was a result of minds, energies and hearts coming together. The Ogilvie High School Z Club members proudly supported their new sister Club at the Charter ceremony, which included our D23 Governor, Judy Gorton, the Minister for Women, Jacquie Petrusma MP, several D23 Board members, assorted school and community members.

We are immensely proud to announce that Margaret Bird, a valued member of the Hobart Derwent Club and a lifelong advocate of collaboration in her Zonta Club and community, was entered for her community service on the Tasmanian Honour Roll of Women.

In the spotlight again, the Hobart Derwent President Betty Reeve, and her amazing members hosted our Area 5 Workshop on 27th May. Taking their cue from the ZI GMD, the workshop theme 'Widening the Appeal' focused on membership. Again, collaboration between the four Tasmanian clubs within the program and group work, saw inter club and intra club activities explore this theme to deliver outcomes each club could take away and model to suit their own specific needs.

Thank you to guest speaker Tasmanian of the Year, Rosalie Martin, and Governor Judy, who both expanded on this topic.

Each of the four A5 clubs stood tall with their activities and advocacy for International Women's Day.

Following our April AGMs I would like to welcome our

new office bearers, thanking them for stepping into their roles, and those who have continued their club service. Thank you!

We are a small part of the bigger ZI picture, yet count in that broader collaborative process. "If you think If you think you're too small to make a difference, try sleeping in a closed room with a mosquito". African proverb.



Hobart Derwent Club member Margaret Bird was entered on the Tasmanian Honour Roll of Women for her community service.

White Ribbon Day
Australia's campaign to
prevent men's violence against women