



ZONTA

CLUB OF
MELBOURNE'S
WEST INC

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

District 23 Service & Advocacy Project Nomination Zonta Club of Melbourne's West Inc.

Project: "You The Man"

The Zonta Club of Melbourne's West aims to promote safety for women and young people in our Community. Through grant assistance from the Hobsons Bay City Council and licensing by Deakin University, we were proud to present the educational program **You the Man**.

You the Man is an engaging, entertaining, and results-based educational program that uses live theatre to empower students, both male and female, to step out of the bystander role and practice safe peer intervention. This comprehensive dating violence prevention program is unique as it promotes a model of empathetic male voices and shows the incredible power of bystander support and action. **You the Man** is:

- Suitable for grades 9-12, college students, educators, workplace, sporting clubs and families.
- A 35-minute, one-actor portrayal of 6 characters (none of whom are victims or perpetrators). Each wrestles with their response to unhealthy relationship issues.
- Teaches audience members the warning signs of unhealthy relationships; how to identify ways to safely intervene; and make accessible their local health/counselling resources.
- Includes a post-performance panel discussion with local counsellors, advocates, and experts.

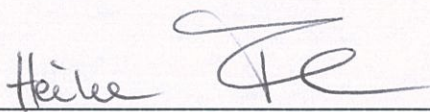
Our event was held at the Laverton Hub Community Centre on 22 March 2017. We commenced at 6pm and provided Pizza and Water free of charge followed by the Performance and Discussion Panel. The evening finished at 7.45pm. Advertising and Promotion was targeted at Local Secondary schools, sporting clubs, and youth groups. Bookings were requested via Trybooking. We hoped to have an audience of 50 and well surpassed that as close to 70 people attended. Our Panel was led by Moderator Paul Zappa and included Alex Mills, Opening Doors Coordinator at Link Health, Lesley Hyde from WestCasa, Gail Jessen from Family, Youth and Children Services, Hobsons Bay City Council and Glenn Maynard the Actor.

Our aim was to engage the community through a public event and foster community wellbeing which we believed we achieved based on the outcomes measured.

- We raised awareness especially for the young people on reflecting on what is a healthy relationship? What's acceptable and what's not and what they could do to help anyone who is in a unhealthy relationship.
- We also provided them with information on where to find help, what services are available e.g. Hobson's Bay & Wyndham Youth Directory, WestCasa, Opening Doors, beyondblue etc.
- We inspired other people to think about organising an event like this as well, to spread the word and raise more awareness.



Left to Right: Panel Members Alex Mills, Lesley Hyde, Gail Jessen, Glenn Maynard (actor), Hobsons Bay Mayor Sandra Wilson, Moderator Paul Zappa, Zonta Club of Melbourne's West President, Heike Fleischmann

Signed: 
Heike Fleischmann, President 2016-2018

Date: 25 July 2017